Care and support pathway for adults on the Autistic Spectrum including Asperger's Syndrome

Referral route if you are:

- An adult who appears to need care and support
  - Cambridgeshire Multi-Agency Safeguarding Hub (MASH)
  - Your GP or allied health professional
  - Cambridge Lifespan Asperger Syndrome Service (CLASS)
  - Your family carers
  - You
  - Organisations who already provide you with support
  - Cambridgeshire and Peterborough NHS Foundation Trust (CPFT) Learning Disability Psychiatry Service
  - National Autistic Society

- A young person preparing for adulthood
  - Your GP
  - at your annual Education, Health and Care Review from Year 9 (age 13-14)
  - Children and Adolescent Mental Health (CamH) Service or their allied health professionals
  - Children’s social care services
  - Your family
  - Your school
  - Statutory resources/placement teams

- An adult with a mental health need
  - Cambridgeshire and Peterborough NHS Foundation Trust (CPFT) Advice and Referral Centre
  - Your GP
  - Your Gateway worker
  - Children and Adolescent Mental Health (CamH) Service ongoing mental health need from children or adult crisis

Who may refer you for care and support?

- An adult who appears to need care and support
  - Cambridgeshire Multi-Agency Safeguarding Hub (MASH)
  - Your GP or allied health professional
  - Cambridge Lifespan Asperger Syndrome Service (CLASS)
  - Your family carers
  - You
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- A young person preparing for adulthood
  - Your GP
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  - Children’s social care services
  - Your family
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Initial point of contact

- Customer Services
  - Adult Social Care

Vulnerable Adults Services

- If you do not have a learning disability the Adult Early Help Team at Customer Services will pass your details to the Adults and Autism Team (AAT).

Learning Disability Partnership (LDP)

- If you are diagnosed with a Learning Disability the staff at Customer Services may pass your details to the Learning Disability Partnership (LDP).

Referral and support

- The Learning Disability Partnership (LDP), Young Adults Team, or AAT, will have a conversation with you to decide how best to support you and whether an advocate is necessary.

Eligibility for Adult Social Care (eligibility determination tool)

- Face-to-face assessment to identify your social care needs and discuss if you are eligible for support.

Eligibility for support

- Eligible for social care support (see page 2)
- Not eligible for social care support (see page 2)
Eligibility for Adult Social Care (eligibility determination tool)

Eligible for ongoing support
If the person’s needs are eligible for ongoing support?

Personal budget calculated
You will be allocated a personal budget—an estimated amount of money to meet your needs. The amount is identified by the completion of the social care assessment. The personal budget calculation includes your unmet needs.

Not eligible for social care support
If a person has eligible needs, an initial plan will include what needs can be/are being met through non-service/statutory provision/funding, and consideration will be given to other forms of support such as:
- Assistive technology;
- Occupational therapists;
- Community support networks; etc...

Care and Support Planning
Decide how you want your budget
Choose either:
- a Direct Payment (a cash sum to manage and pay for your own support); or
- arranged provision (support managed on your behalf by the Council/third party)
- a mix of both

Monitoring and Reviews
Your Care and Support Plan will be reviewed annually unless otherwise agreed.

Community-based services
If you are not eligible for ongoing social care support you will be signposted to organisations who provide community-based services to find out about the information, advice and support that may be available.

For example:
- National Autistic Society Cambridge
- Jobcentre Plus
- Citizen’s Advice Bureau
- Papworth Benefits Service
- Red2Green
- Locally based Drug and Alcohol Services
- Housing Home Link (including floating support)
- GPs—for referral to primary/secondary mental health support via Gateway workers
- Advice and Referral Centre (CPFT)
- Advocacy

(This list is not exhaustive.)

December 2016