

‘Moving On’

Options for School Leavers
with Additional Needs

Information for Parents & Carers

Produced by the 14-25 Additional Needs Team
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Introduction

This booklet provides basic information about the choices young people will have when they leave school. Educational options are broken down and listed by level. Your son or daughter's school and their Additional Needs Pathway Adviser will be able to advise you which levels to look at. However, please be aware that the colleges will also need to complete their own assessments before confirming which course would be the most appropriate for your young person.

Information on some of the other key issues that will change for young people over the next few years is also addressed. This includes education transport, care needs, money and benefits. There is also information about what your son or daughter may be able to do when they have completed their education and are ready to move out into the world as adults; whatever level of support they may need to do so.

This document **does not** currently include:

- Options above Level 1 (GCSE at D-G grades)
- Higher Education and related benefits

There is a great deal of information about general options and courses as well as other information on www.youthoria.org

Please speak to your Additional Needs Pathway Adviser for further information (contact details on p37).

Please note that this booklet gives basic information correct at the time of printing. You are advised to check for details, amendments and updates before making any final decisions. If you would like us to add anything or find something that is inaccurate please contact a member of the 14-25 Adulthood Additional Needs Team (pg 37).

Moving On – Choices and Options

A young person can leave school on the last Friday in June if they will be 16 by the end of August. However there is a requirement for all young people to stay in education or training until they are 18. This can include local schools, colleges, training, apprenticeships, and even includes part-time learning where a young person also has a job.

When your son / daughter leaves school they are likely to have some or all of the following options available to them, depending on their level of ability, independence and support needs:

- Full-time education at college
- Training – either 'work-based' or 'foundation learning'
- Employment – open, supported or voluntary
- Social Care Options: supported living, residential care, and community based day activities - could include day centres, part-time college, social firms, community leisure or sport/fitness activities

Many young people leaving school move onto full-time college programmes, a stepping stone to future options. This gives further time in education to build skills and qualifications and help prepare for work or independent living. It is less common for special school leavers to move straight from school into training or employment.

Most special school leavers will be able to go to college to continue to build on their skills and abilities. Some will do courses aimed at particular areas of work; some will do general employability courses, while others will focus on life and independence skills.

College courses tend to last one or two years, but it is common for young people to do one course and then progress onto another. Young people can stay in education as long as they are making progress and there are courses for them to progress onto. Once a course has been completed, it cannot usually be repeated. Special school leavers tend to be able to stay at college for between 2 and 4

years.

Young people may continue to get the support they need funded through the High Needs Funding Block in colleges.

Young people pay no course fees between 16 -18 years. However, fees may apply from 19 years. Advice should be sought from individual colleges.

If, and only if, a young person's needs cannot be met by any of the existing college courses (within or outside the college) then it may be possible to apply for specialist funding so that an individual package can be built around a young person's needs and aspirations. This is often referred to as 'Individual Curriculum Solutions' and is offered through the local regional colleges.

If, and only if, a young person's needs cannot be met by either of these options, they may be able to go to an out of county specialist residential college.

The Local Offer

All Local Authorities, Schools and Further Education Colleges must publish their local offer. The local offer sets out the provision across education, health and social care for children and young people aged 0-25 with special educational needs and/or disabilities. The local offer will develop overtime and in consultation with parents, carers and young people.

Please visit www.cambridgeshire.gov.uk/localoffer

Qualifications and Levels explained

Schools, colleges and training providers use slightly different terminology when describing levels of achievement and qualifications. A young person usually needs to complete a full level before moving to the next level.

The new GCSE grading structure came in to effect in 2017; English Language/Literature and maths will be the first to be graded from 9-1. Please look at the following link to explain this: https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/596393/Grading_new_GCSEs_from_2017_v4.pdf

School Levels	Qualification Levels
A Levels	A levels Level 3 Qualifications
4 / 5 GCSEs at grade 4-9 (old grade A*-C) Schools tend to stop using National Curriculum levels to measure progress at this point.	4 / 5 GCSEs at grade 4-9 (old GCSE grade A* - C) Level 2 Qualifications
4 / 5 GCSEs at 1-3 (old GCSE grade D-G) National Curriculum Level 4 to 7.	4 / 5 GCSEs at 1-3 (old GCSE grade D-G) Level 1 Qualifications Foundation Learning

National Curriculum Level 3	Entry Level 3
National Curriculum Level 2	Entry Level 2
National Curriculum Level 1	Entry Level 1/ * E1 achievement continuum

The new T level qualifications are due to be introduced from September 2020. For more information please go to:

<https://www.gov.uk/government/publications/introduction-of-t-levels/introduction-of-t-levels>

How do I know the level my son/daughter is working at?

In Annual Reviews of your son or daughter's Education, Health and Care (EHC) Plan and/or at the end of each year in their school report, you will be provided with information about the level your child has achieved in each of the curriculum subjects.

The majority of students from special schools will be working between the P Scales /Milestones and National Curriculum Level 3 or Entry Level 3. The majority of courses offered by our Area Special Schools are within these levels.

Foundation Learning

Foundation learning includes all qualifications and courses between Level 1 and Entry Level 1. Within foundation learning courses colleges are more likely to be able to support young people to learn different things at different levels. This means young people get a longer time to work on areas of weakness without it preventing them making progress in the areas they are interested in.

Level 1

These are for young people who have secure maths and English skills and are likely to be able to achieve a full Level 1 qualification, usually within one year, including Maths and English. Most special school leavers would benefit from starting a course within a college's Foundation Learning Provision.

Pre-Entry and Entry Level Courses

These courses are often suitable for young people with learning difficulties and disabilities, especially if they have achieved at Entry Level, but not at GCSE level. Entry Level 3 courses are also offered as an introduction to some vocational areas and are a good starting point. They are often completed by young people who have achieved some GCSEs at lower grades.

*E1 Achievement Continuum

The qualifications have been developed for learners working between P Levels 1-8 and Entry 1 to have their achievements recognised within a qualification framework. They can be undertaken in schools, colleges, residential centres, training providers and independent provision

This tool allows providers to report achievement against the 10 stage Entry 1 achievement continuum. This continuum allows learners to demonstrate very small steps of progress and enables providers to differentiate between the levels of achievement of learners working within and below Entry 1.

Important

Full-time college is typically 16 hours a week, which is roughly three days a week. Please talk to your Additional Needs Pathway Adviser (pg 37) and/or your Social Worker on how a young person's week might look once they move on to further education from school.

College courses

Cambridge Regional College – Incorporating Cambridge and Huntingdon Campuses

Department of Supported Learning

All courses will be on offer at both campuses but the animals are at Huntingdon, so Cambridge animal care will have a morning at Huntingdon campus and a morning at a partner farm.

Supported Internship

This is a finishing pathway for learners from Archway or one of the vocational pathways.

New for 2019 is an introduction to supported internship for young people leaving our Aspire or preparation to independence pathways.

Vocational Level 1 Pathways

- Entry 3 Catering and Hospitality
- Entry 3 to Level 1 Animal care (based at Huntingdon)
- Level 1 Horticulture and land based studies
- Level 1 Retail
- Entry 3 and L1 introduction to Creative industries.

Entry 3

- Archway – 1 or 2 year pathway.

Entry Level 1 to Entry Level 2

- Aspire - 1 or 2 year pathway.
- Preparation for Independence.
- Pathway – New E2 course for students who may not be sure what vocational pathway they want to take.

Pre-Entry to Entry Level 1

- Learning for Life (Full-time). 1, 2 or 3 year pathway.

Gateway to Improving Choice

- Aimed at young people aged 16-24 who have a variety of complex needs.
- Uniquely built around the learner, their needs and their plans for the future.

Options

- Specifically for young people aged 16-24 with mental health issues who need a supportive and therapeutic pathway.
- Learners will undertake a City & Guilds Level 1 in Employability Skills.

Adult for All

Aimed at people aged 19+, includes creative skills – music, art, drama, cooking, ICT, horticulture and retailing skills for employment.

Sessions run 9am – 3pm;

Cambridge Campus:

Monday am – Craft for All
Monday pm – Social Skills for All
Thursday am – Music for All
Thursday pm – Sports for All
Friday am – Drama for All
Friday pm – Employability Skills for All

Huntingdon Campus:

Monday am – Art for All
Monday pm - ICT for All
Wednesday am – Cooking for All
Wednesday pm – Music for All

Funding criteria for these sessions:

- 18 +
- Not enrolled on an existing full-time programme.
- Not achieved a Level 1 diploma or above.
- £70 registration fee, additional cost of £90 for cooking, to cover the cost of ingredients.

No Funding:

- £450 per session
- £70 registration fee, additional cost of £90 for cooking, to cover the cost of ingredients.

Contact : 01480 379100 / jshorter@camre.ac.uk

College courses

Level 1 - Cambridge Campus

- Edexcel BTEC
- Certificate/Diploma (Art & Design)
- Diploma in Beauty Therapy
- Certificate in Business & Administration
- Skills for Business
- Certificate in Introduction to the Hospitality Industry
- Diploma in Professional Cookery & Hospitality
- City & Guilds Diploma for IT Users
- BTEC Certificate/Diploma in Construction
- Diploma in Bricklaying
- Diploma in Carpentry & Joinery
- Diploma in Painting and Decorating
- Diploma in Plastering
- Building Services Studies - Plumbing & Heating
- Building Services Studies - Electrical Installations
- Certificate in Performing Engineering Operations
- Diploma in Vehicle Maintenance & Repair
- Introduction to Hairdressing & Beauty Therapy
- CACHE in Caring for Children
- CACHE Introduction to Health & Social Care
- Certificate/Diploma (Creative Media Production)
- Diploma in Hair and Media Make-up
- Edexcel BTEC Certificate/Diploma Performing Arts (Music)
- Edexcel BTEC Certificate/Diploma (Performing Arts)
- Certificate/Diploma in Public Services
- Certificate/Diploma in Sport & Active Leisure

Level 1 - Huntingdon Campus

- Diploma in Hairdressing
- Diploma in Beauty Therapy
- Diploma in Art and Design
- Diploma in Caring for Children
- Diploma in Construction: Multi-Trade
- Diploma in Engineering
- Diploma in Electrical Technology
- Diploma in site Carpentry
- Diploma in Motor Vehicle

College courses

College of West Anglia (CWA)

A 'Bridge' course can help you cross the gap between where you are now and where you want to be. They cover pre-entry and entry levels.

Bridge to Independence

- Finding Independence (King's Lynn & Wisbech)
- Developing Independence (King's Lynn & Wisbech)
- Becoming Independent (King's Lynn & Wisbech)
- Moving on to Independence (King's Lynn & Wisbech)

Bridge to Education

- Bridge to Education (King's Lynn & Wisbech)
- Bridge to Hair & Beauty (King's Lynn)
- Bridge to Motor Vehicle (Wisbech)
- Bridge to Construction (Wisbech)
- Bridge to Art & Design (King's Lynn & Wisbech)
- Bridge to IT (King's Lynn & Wisbech)
- Bridge to Sport (King's Lynn)
- Bridge to Technology (King's Lynn & Wisbech)

Bridge to Employment

- Developing Workskills - (King's Lynn & Wisbech)
Pathway Project – (QEH Hospital, King's Lynn)

Bridge to Engagement

- Initial Engagement (Providence Street)
- Developing Engagement (Providence Street)
- Engagement & Progression (Providence Street)

Providence Street is an external site in King's Lynn offering specialised and separate provision for students not able to access the college's main site.

King's Lynn Campus

Level One

- Brickwork
- Bridge to Art and Design
- Bridge to IT

- Business and Tourism
- Care and Childhood Studies
- Carpentry and Joinery
- Construction – Building Futures
- English for Speakers of Other Languages (ESOL)
- Hospitality
- Introduction to Hair and Beauty
- IT
- Motor Vehicle – Service and Repair
- Plumbing
- Sport & Leisure Instructor (Sport campus)
- Uniformed Services

Wisbech Campus

Level One

- Brickwork
- Bridge to IT
- Care and Childhood Studies
- Carpentry and Joinery
- Engineering & Motor Skills
- English for Speakers of Other Languages (ESOL)
- Introduction to Hair and Beauty
- IT
- Painting and Decorating
- Social and Enterprise Activity (SEA)
- Uniformed Services

Cambridge Campus

Entry Level 1

- Stepping Out (Landbased)

Level One

- Diploma Landbased Studies (Animal Care)
- Horse Care (Equine Skills)

College courses

Bedford College (Caudwell Street)

Foundation Skills programme

If you have just left school and have a learning difficulty or need extra support to help you improve your prospects and progress to further study or a career, this flexible programme will enable you to choose a range of subjects that best suit your individual needs and interests. This course is specifically designed for 16-18 year olds.

Entry requirements

You do not need any qualifications or experience to start this course, but you must have evidence of good attendance at school.

Course content

During this course you can study a variety of topics depending on your ability and long-term aims, including:

- English and maths
- Community
- Independent living skills
- Enterprise
- Tutorial and PSHE
- Work preparation
- Undertake a supported work placement arranged by our dedicated Employment Co-ordinator
- Access a vocational option that includes: Art & Media, Childcare/Health & Social Care, Carpentry, Motor Vehicle, Animal Care, Drama, Catering and Business.

Assessment methods

Most subjects are continually assessed and you will need to keep a portfolio of your work, which will be examined by external verifiers.

Further study and career options

This course will significantly increase your options and you may go on to work-based training or continue your education/training at Bedford College.

Additional information

This is a full-time course which runs over three years, dependent upon your ability level upon entry. The course starts in September of each year and you will need to attend college four days a week. To take part in this course you will be required to pay a fee of £30 towards any trips

Bedford and Shuttleworth College

Level Two

- A range of full time level two programmes are offered at the Bedford and Shuttleworth campuses, with land based options available at our Shuttleworth campus. Level two programmes are one or two years in duration.

College courses

City College Peterborough Study Programme

Study Programmes are designed to help you study and achieve a vocational qualification, up to Level 2 and a recognised qualification in English and Maths. City College Peterborough offer various practical work-based vocational courses or relevant qualifications to study whilst you decide what career path you would like to follow.

The College will organize meaningful work experience related to your chosen vocational area to help you develop your employability skills and create potential employment options. Your programme of study will include Functional Skills English and Maths and Citizenship.

- Achievement of a Recognised Qualification – if appropriate
- Functional Skills Maths and English or GCSE English and Maths where grade D/3 has been achieved
- Relevant Work Experience

Level Two

- Hairdressing
- Health and Social Care
- Office Skills
-

Level One

- Introduction to Health, Social Care and Childrens' and Young Peoples' Settings
- Introduction to Hair and Beauty
- Motor Vehicle Studies
- CACHE Award/Certificate/Diploma in Caring for Children
- Introduction to the Catering and Hospitality Industry
- Diploma in Business Administration
- Creative Industries
- Step up to your Success
-

Foundation Courses

- Study Skills: step up to your success
- GAPP
- Occupational studies

Entry Level 3

- Skills for Independence
- GAPP
- Step up to your Success
-

Entry Level 2

- Skills for independence
- GAPP
- Step up to your Success

Entry Level 1

- Skills for Independence
- GAPP

Adult Learning and Skills Adult Learning and Skills (Cambridgeshire County Council)

Move on Up - Supported learning programmes for adults with learning disabilities or difficulties and autism.

Join a **Move on UP** course near you to develop your independence, maths, English and vocational skills and to prepare for work readiness. Our friendly and experienced tutors will assess you before you start so you are enrolled on the right level of course for you.

Entry level courses

My Pathfinder
Digital Skills for Life and Work
Functional Skills Maths
Functional Skills English
Functional Skills ICT
Award in Employability
Award in Progression
Routes into..... Customer Service, Retail, Business Administration, Volunteering

Contact us to book your place:

Cambsals@cambridgeshire.gov.uk

01223 703530

www.cambsALS.co.uk

College courses

Peterborough Regional College

Level One

- Sports Leadership (Level 1)
- Hairdressing
- Beauty Therapy
- Certificate in Beauty Therapy with ESOL
- Diploma in an Introduction to hair and beauty with ESOL
- BTEC Diploma in Public Services
- City and Guilds Certificate in Introduction to Culinary Skills
- City and Guilds Food and Cooking Food and Beverage
- Extended Certificate in Business, Retail & Admin
- Horticulture
- Cambridge National Diploma in IT
- Diploma in Bricklaying
- C&G in Carpentry and Joinery
- Diploma in Electrical Installations
- CACHE Diploma Introduction to Health, Social Care and Childcare
- C&G Plumbing
- C&G Diploma in Basic Construction Skills
- Engineering
- IMI Diploma in Light Vehicle Maintenance
- Introductory Diploma in Sport and Recreation
- C&G in Travel & Tourism
- Diploma Applied Science
- Accelerate and Accumulate
- EAP Course
- Springboard

Pre-entry and Entry Levels

- Independent Living Skills
- Personal and Social Development
- Employability
- Enterprise
- Math
- English

Entry Level 3

Land Based qualifications

(which encompass: Horticulture, Horse or Animal and Level 1).

Supported Internships

Contact: McKenzie Snape / Beth Sinclair

Mckenzie.snape@peterborough.ac.uk

Beth.sinclair@peterborough.ac.uk

Tel: 01733 762191

Web:

<https://www.peterborough.ac.uk/course/ENXSINA8F/supported-internship/>

Foundation Learning in School Sixth Forms

Area Special Schools

If your son/daughter is an existing student at an area special school you will have an opportunity to discuss the options available to your son/daughter at their review. Post-16 offers will be available on the UCAS website.

If your son/daughter does not currently attend an area special school then consideration for a post-16 place will be through the Annual Review of the EHC Plan.

Castle School Post 16

Castle School, Courtney Way, Cambridge, CB4 2EE

Tel: 01223 442400

Email: head@castle.cambs.sch.uk

Castle 6th Form focuses on developing independence and resilience. The curriculum is based both at school and in the local community. There is a strong focus on the Preparation for adulthood areas of: Employment, Independent living, Friends, Relationships, and community and Good Health. Learning is built around 3 accreditation pathways that are based on pupil need. These are used to create individualised learning programmes with opportunities for personal development that can flow across the three pathways. Students have the opportunity to stay at the school for 2 or 3 years depending upon the path they choose or which is most suitable for them.

Pathway 1: Equals Moving On For Learners within Entry 1. This is a Sensory/Therapeutic programme tailored to individual needs. Units are within the areas of

Functional skills

Numeracy/ Communication/ ICT

Units of work

World Studies, Independent Living, Vocational Studies

Pathway 2: Life and Living Skills: and or Moving On for learners within Entry 1 and 2

This offers a range of units which can be selected

to suit the particular needs and interests of the learner; these may focus on the following areas:

Communication, Maths, ICT, PSHE, Humanities Drama, Art, Music, Work Related Learning, Home Management and Leisure.

Pathway 3: Entry level and Functional Skills for learners within Entry 1 to 3 and beyond.

This is based on a range of qualifications in academic and vocational areas which may include

- Functional skills English, Maths, ICT
- AQA PSD (Entry 1 to Level 1)
- Life and living units
- GCSE Art
- Sports Leaders
- First Aid
- AQA awards scheme

Work related Learning: We offer a programme that starts with school based learning focusing upon, enterprise, services and products. Students then have the opportunity to attend supported group placements at venues such as Emmaus, Phoenix Trust, and Paxton Pits, Snake hall Farm and Darwin Nurseries in a carousel.

Students that are able to work independently are offered individual placements on a weekly basis across the academic year.

College links These currently take place at Cambridge Regional College both the Cambridge and Huntingdon Campus which develops independence skills and supports the transition process

All students have the opportunity to participate in the following:

- Duke of Edinburgh Award; Bronze and Silver.
- National Citizen Service (NCS). This year we are running it for our Pathway 2 and 3 students, we hope to extend this for our pathway 1 students in future years
- Community access and independent travel including driving at Alconbury
- Bespoke transition planning for opportunities post 6th Form (education / social care)

Foundation Learning in School Sixth Forms

Granta School

Cambridge Road, Linton, Cambridge,
CB21 4JB, Tel: 01223 896890

Email: office@granta.cambs.sch.uk

Web: www.granta.cambs.sch.uk

- OCR Life and Living Skills Entry 1,2 & 3
- Duke of Edinburgh Award – Bronze, Silver and Gold
- Functional Skills: Maths, English and ICT
- Young Sports Leaders Award
- BTEC Level 1 & 2 Home Cooking course.
- AQA PSD, Horticulture & Enterprise
- WRL and Enterprise sessions
- Enterprise stall
- 6th form garden with polytunnel, raised beds, fruit garden and orchard
- Small animal care course
- Sensory/Victoria Curriculum
- Opportunities for Link courses with CRC
- College links 1 morning per week
- Volunteering opportunities
- Community access and independent travel training
- Opportunities for work experience with local businesses and social firms.

Our offer of meaningful experiences includes a range of possible workplace visits, work shadowing, work experience and career-related volunteering and citizenship. We have a graduated programme of employer engagement for our learners, and record and monitor each individual's range of experiences to provide breadth of opportunity. Placements have included supermarkets, care homes, country parks, colleges and other local businesses/organisations. Where possible students will be independent in the work place, but we offer employers support materials eg communication passports, specialist resources and job mentors bespoke to individual needs of learners/employers as part of the preparation and planning.

Highfield Ely Academy

Downham Road, Ely, Cambs, CB6 1BD,
Tel: 01353 662085,

Email: office@highfield.cambs.sch.uk

Highfield Ely Academy operates a small individualised 6th form focusing on students with sensory needs. There are three educational pathways (blue, green, yellow) within the school which focus on the individual learning styles of the students.

The blue/green pathways are more sensory based and focus on the EHCP targets set within the areas of My Communication, My Body, My Thinking, My Social Development and My Independence.

Highfield's focus is on giving our students functional real-life based learning opportunities to develop and build skills that will prepare our students for a life after school.

- Duke of Edinburgh Award – Bronze, Silver and Gold
- Functional Skills: Maths, English and ICT
- OCR Life and Living Skills Entry 1,2 & 3
- Community access and independent travel training
- Work related learning and enterprise skills
- Sensory/therapeutic curriculum tailored to individual needs
- Transition planning tailored for individuals with complex needs
- Access to local sports and leisure facilities
- Personal and social development is an integral part of our Post 16 offer and includes sex and relationships education and e-safety awareness.
- Transition planning for students leaving school, including a Moving On event and access to local colleges and social care provision in line with student's transition plans
- Opportunities for work experience with local businesses and social firms.
- Work related learning and enterprise opportunities including food related enterprise, car washing and creative enterprise
- Annual residential trips

Foundation Learning in School Sixth Forms

LINC 19-25

Highfield Littleport Academy, Camel Road, Littleport, Cambridgeshire, CB6 1EW

Tel: 01353 223301

Email: HFeather@highfield.cambs.sch.uk

Ntatum@highfield.cambs.sch.uk

LINC 19-25 is an education provision specifically suited to meet the needs of adults with PMLD or low functioning SLD. This provision is based at Highfield Littleport Academy with the view to move to Highfield Ely in September 2020. LINC 19-25 offers specialist therapy services, such as Occupational Therapy and Physiotherapy and is able to meet the personal, daily and medical needs of our adults.

Adults attending LINC 19-25 each have a highly personalised curriculum which reflects individual EHCP outcomes. Progress is measured against each adult's EHCP. We also offer our adults the opportunity to gain accredited qualifications following the ASDAN Personal Progress and Towards Independence units. These are specifically designed for adults with PMLD.

ASDAN Personal and Social Development offers imaginative ways of supporting young people in:

- Becoming more confident individuals who are physically, emotionally and socially healthy.
- Being responsible citizens who make a positive contribution to society and embrace change.
- Managing risk together with their own wellbeing.
- As well as introducing them to new activities and personal challenges.

ASDAN Personal Progress is made up of units which can be broadly divided into the following areas: Literacy/Numeracy/IT; Independent Living Skills; Personal Development; Community Participation; Preparation for work; Units particularly accessible for learners with PMLD.

Both ASDAN Awards are Entry Level 1, 2 and 3.

Meadowgate Academy Post 16, Special School

Wisbech, Cambs. PE13 2JH.

Tel: 01945 461836

Email: office@meadowgate.cambs.sch.uk

Meadowgate School's Sixth Form works on 3 distinct years, building skills with a focus on generalising and applying those skills to adult life. Students benefit from programmes of study based around their individual needs. Our PMLD students have access to the school's light room, hydrotherapy pool and technology base to focus on building their skills in communication, social, motor and cognition. Our ASD students follow an individualised timetable using the TTAP system to build a personal profile of their vocational skills.

In Year 12 students study:

- OCR Life and Living Skills (Communication, numeracy, ICT and PSD)
- Link course with the College of West Anglia: NPTC EL2/EL3 Award in Skills for Working Life
- Weekly vocational session, choice of media, arts and design or home management accredited through OCR Life and Living Skills.
- Community based work incorporating road safety awareness.

In Year 13 students study:

- OCR Life and Living Skills (Communication, numeracy, ICT and PSD), aiming for a Diploma at EL1 – 3.
- Functional Skills English and Maths at EL1.
- Have a work placement at Tesco / Budgens / Halfords / Children's Centre one day a week.
- Weekly vocational session, choice of media, arts and design or home management accredited through OCR Life and Living Skills.
- Weekly enterprise session to experience running their own business.
- Community based work incorporating independent travel and public transport.

In Year 14 students chose a vocational option

Motor Mechanics, Catering or Horticulture, taught in purpose built units which replicate a working environment. The catering option is housed in

Foundation Learning in School Sixth Forms

Bramley's coffee shop which is open to staff, parents and community groups.

Vocational qualifications offered include:

- IMI Award Introduction to Vehicle Technology Entry Level 3
- RHS Introductory Award in Practical Horticulture Level 1
- BTEC Introduction to the Hospitality Industry EL3/Level 1
- AQA Unit awards scheme
- In the afternoons, students study Functional Skills which is offered at EL1 – Level 2.

All students have the opportunity to participate in:

- National Citizen Scheme
- Police Cadets
- Work Experience
- Curriculum enrichment learning days
- Supervised overnight stays in the life skills bungalow
- Bespoke transition planning for opportunities post Sixth Form for both education and social care.
- Titan Travel Training for all years in sixth form.

Spring Common Academy School

Spring Common Academy, American Lane, Huntingdon, Cambs, PE29 1TQ.

Tel: 01480 377403

Email: office@springcommon.cambs.sch.uk

www.springcommon.cambs.sch.uk

Entry Levels 1-3

- OCR Functional Skills; Maths, English, ICT.
- British Safety Council Entry Level 3 Award in Workplace Hazard Awareness
- First Aid Qualification
- College Links Programme one or two days a week eg. Thursdays - 'Exploring Performance' at City College Peterborough and Fridays at HRC- Construction Multi Skills, Retail Experience, Creative Media, Hair and Beauty skills etc.

- Work Experience and Voluntary Work-One day a week placement–Conservation Work at Nature Reserve plus 10 days or more in own choice.
- Work Related Learning and Enterprise Course including Retail, Catering and Horticulture.
- ASDAN Towards Independence Modules- PSHE, Life Skills, Current Affairs, Short Courses
- Community Access and Independent Travel Training

Students working at Milestones levels – Entry 1 have a personalised curriculum which includes:

- ASDAN Transition Challenge modules-range of curriculum areas
- Work related learning and enterprise skills including weekly experience of retail and functional skills in school shop/horticulture in Poly tunnel.
- AQA Unit Awards
- Community Access and participation
- Sensory/Therapeutic Curriculum tailored to individual needs
- Transition Planning tailored for individuals with complex needs eg bespoke College Link or Social care provision

Samuel Pepys School

Post 16, Samuel Pepys School, Cromwell Road, St Neots, Huntingdon, Cambs, PE19 2EZ.

Tel: 01480 375012,

Email: office@samuelpepys.cambs.sch.uk

We currently have three Post 16 classes. A Bargroves Group (P8 and below) who are taught in a separate building situated on the main school site with access to specialist resources including a hydrotherapy pool, multi-sensory interactive learning environment (MiLE) and Literacy Lounge and two classes based at Ernulf Academy (a local mainstream secondary school) as part of our offsite provision.

Foundation Learning in School Sixth Forms

Where students are placed and their accreditation route is dependent on what best meets their individual needs. These are examples of what may be offered across our Post 16 department

- Access to local sports and leisure facilities including One Leisure, Gym, Bowling
- Community Access and Independent Travel opportunities, including driving at Alconbury and using public transport
- Personal and social development is an integral part of our Post 16 offer and includes sex and relationships education and e-safety awareness.
- Transition Planning for students leaving school, including a Moving On event and access to local colleges and social care provision in line with student's Transition Plans.
- We place emphasis on functional, transferable learning opportunities. Using numeracy, literacy and ICT in functional settings to develop and transfer skills in preparation for life beyond school.
- Work Experience opportunities in-house and in our local community
- Work Related Learning and Enterprise opportunities including Food Technology and Creative Enterprise.
- Students work can be accredited through OCR Life and Living Skills, OCR Functional Skills and Duke of Edinburgh Award Scheme.

Specialist Post-16 Provision at Impington Village College (Previously known as IDEAL)

New Road, Impington, Cambridge,
CB24 9LX

Tel: 01223 200458

Email: jwilliams@impington.cambs.sch.uk

Web:

<https://impington.cambs.sch.uk/page/?title=IDEAL&pid=132>

Placements on the SPP@IVC course need to be agreed via the County Resourcing Panel. You will need to request the placement in your son/daughter's year 11 annual review.

- Specialist provision for students (post 16) whom have a Statement of Special Educational Need/EHCP is offered through the SPP@IVC course.

Independence and the acquisition of key life skills underpin all courses offered. Choices may include:

- ASDAN Personal Social Development Certificate in Life Skills (including an introduction to Childcare and Parenting)
- BTEC Performing Arts (Entry 3 and Level 1)
- BTEC Sports and Active Leisure (Entry 3)
- BTEC Work Skills (Level 1)
- BTEC Home Cooking (Level 1)
- BTEC Art and Design (Level 1)
- English (Entry Level)
- Access to the range of International Baccalaureate certificates.
- Access to the range of A Level subjects offered.

Mainstream 6th form placements

For young people with an Education, Health and Care Plan applications for a placement at the centres listed below can be made through the Cambridge Area Partnership process. If ongoing support will be required through the Education, Health and Care Plan the young person should contact their Special Educational Needs Casework Officer in the Statutory Assessment Team.

Cottenham 6th Form:

High Street, Cottenham, Cambridge, CB24 8UA

<http://sixthform.cvcweb.net/>

Tel: 01954 288 944

Email: office@cvcweb

Web: net www.cvcweb.net

Art and Design

- Gateway Level 1 or WJEC GCSE (Level 2)

This is a course that will introduce you to a wide range of Art and Design making processes. We will refer to the work of numerous artists to inform and inspire your own creations. A course in Art and Design is a valuable asset for whichever direction you choose in the future. Come and see where your vision could take you!

Construction

Students who follow our Construction course will work towards two qualifications over one academic year. They are:

- Level 1 City and Guilds certificate/extended certificate in Construction Skills.

This programme of study provides learners with an initial experience in plumbing, electrical work, painting and decorating and also carpentry. Assessment is through written and practical tasks.

- Level 1 City and Guilds Health and Safety in a Construction Environment.

This qualification provides access to the CSCS safety card test at operative level and is assessed externally through an online test.

Child Care

- Btec Level 1 Award in Caring for Children and BTEC First Level 2 Certificate in Children's Care, Learning and Development
- Level 1: Students will develop some of the knowledge and practical skills that they will need in order to care for their own children or for children in a voluntary capacity, such as babysitting.
- Level 2: Through a combination of practical experience and written assignments, these vocational qualifications provide level 2 learners with the knowledge, skills and understanding needed for a career in the sector.

Creative Media

- Cambridge Technicals in digital media Level 1 and 2

Our dynamic media course examines the evolving relationships between media and culture within contemporary society. Pupils will learn to analyse the huge amount of media messages which they come across day to day.

Each vocational unit offers an opportunity for learners to improve their employability skills, and explore their own creative and artistic talents in a hands-on and supportive environment. The OCR technical qualifications in Media are high quality awards and nationally recognised. The unit choices include but are not limited to: graphic design, print, radio, television, advertisement, film, and animation.

All lessons take place in the Mac Media Suite where some of the software includes: iMovie, Comic Life, Garage Band, Photoshop as well as Google Apps for education.

Hair & Beauty

- Level 1, City and Guilds Certificate/Diploma (Introduction to Hair & Beauty Sector)

This course will help learners understand aspects of the Hair & Beauty sector and the skills required to work in this sector. You will engage in a range of practical opportunities connected to the sector including skin and hand care, plaiting and twisting hair and shampooing and conditioning hair.

Foundation Learning in School Sixth Forms

- Level 2, City and Guilds Certificate/Diploma in Creative Hair & Beauty Studies

The certificate course includes a focus on the creative aspect of this sector with units such as, body art design, creating an image based on a theme within the Hair & Beauty sector but also

includes units such as head massage, styling and basic colouring hair. The Diploma course builds on the skills and knowledge learnt in the certificate course and further develops skills in basic cutting, colouring using a range of methods and products, along with different waxing techniques.

Health & Social Care

- Btec Entry Level/ Level 1 Award in Health and Social Care and Btec Level 1/2 Award in Health and Social Care
- Level 1: Learners will understand the skills and knowledge needed to work in the sector and to develop practical skills in preparation for employment or progression to relevant higher level courses.
- Level 2: Through a combination of practical experience and written assignments, the qualifications provide learners with the knowledge, skills and understanding needed for a career in the sector or to progress onto relevant Level 3 courses.

Hospitality

- VTCT Level 1/Level 2 Award/Certificate in Hospitality

This qualification has been developed to provide an engaging and stimulating introduction to the world of Hospitality. The programme of study will build an understanding of the Hospitality industry. It covers a range of units, including:

- Introduction to the Hospitality Industry
- Working in the Hospitality Industry
- Food Safety and Health and Safety in Hospitality
- Planning, preparing, Cooking and finishing food.

L1 or L2 BTEC FIRST IN PERFORMING ARTS

BTEC Nationals in Performing Arts use a combination of assessment styles to give students confidence they can apply their knowledge to

succeed in the workplace – and have the study skills to continue learning on higher education courses and throughout their career. The range of vocational assessments both practical and written – means students can showcase their learning and achievements to best effect when they take their next step, whether that's supporting applications to further education courses or potential employers.

Sport Studies

- Level 1, Edexcel BTEC Certificate/Diploma in Sport and Active Leisure

This course is for students who have an interest in and passion for the sport and fitness industry.

Students will have the opportunity to study different topic areas such as; Taking Part in Sport; Assisting at a Sport and Active Leisure Event; Taking Part in Exercise and Fitness; Planning your Own Fitness Programme.

- Level 2, Edexcel BTEC Certificate/Extended Certificate/Diploma in Sport Studies

This programme is designed for those wishing to take the first step in preparing for a career in the sports industry. You study two core units - Fitness for Sport and Exercise and Practical Sport. Then to complete the course, you are required to study 2 units from the following list; The Mind and Sports Performance, The Sports Performer in Action, Training for Personal Fitness, Leading Sports Activities. Fitness for Sport and exercise is assessed as an examination under controlled conditions and assessed by the examination board. All other assessments are carried out through coursework internally.

Other Learning, Training and Volunteering Opportunities

Individual Curriculum Solutions

Within Cambridgeshire, Individual Curriculum Solutions (ICS) may be offered to young people aged 16-25 with complex or multiple learning difficulties and/or **disabilities if, and only if, other options have been explored and found to be not appropriate and subject to submission to and approval by Local Authority funding panel**

The (ICS) funding enables the young person to study at a Further Education College/or at an alternative setting under the oversight of a FE. College, with a bespoke programme that meets individual needs built around them. Their levels of study, interests and skills will all be taken into consideration.

The local colleges that offer access to Individual Curriculum Solutions are:

Cambridge Regional College and Huntingdon site (formerly Huntingdon Regional College)

– bespoke programmes both on and off site with outside providers, social enterprise firms and approved tutors.

Peterborough Regional College – bespoke programmes considered for young people with a range of Learning Disabilities and Difficulties.

College of West Anglia – Individualised programmes considered for young people with a range of Learning Disabilities and Difficulties.

Bedford College- Individualised programmes considered for young people with a range of Learning Disabilities and Difficulties.

Specialist Independent College Provision

If, and only if, a young person's educational needs are so complex that they cannot be met locally on existing courses or through Individual Curriculum Solutions (and we have enough evidence to prove this), an application can be made for funding for a specialist residential college out of county. Funding for out of county provision has to be agreed by the Local Authority through a formal panel submission process.

It is expected that the needs of the majority of young people will be met through local Further Education provision. However, if this is not possible, consideration for placement at an independent specialist provision may be explored by the Local Authority. For further information regarding this process please contact your Special Educational Needs Casework Officer.

Other Learning, Training and Volunteering Opportunities

Social firms and other inclusive organisations

There are a number of organisations within Cambridgeshire set up by partnerships involving charities, local colleges and businesses. They provide vocational training and work-related activities for people with some sort of disability or disadvantage. Accreditations for young people are offered at entry levels 1-3 in vocational and life skills.

For young people, attendance is normally funded through a college or could be part of an Individual Curriculum Solutions package. For adults, attendance is normally funded by social care or from a person's own benefits.

Training opportunities range from cycle repair to catering, horticultural, IT, arts, crafts and ceramics, drama and performance, retail, printing, music technology, music, woodwork, recycling and customer service skills. The learning opportunities include social skills and personal development, independent living, portfolio building and careers advice and guidance.

It is possible to work towards nationally recognised qualifications. Help will then be provided to move on to a different learning or work opportunity, paid or voluntary as appropriate.

Bedazzle

Email: diane@bedazzlearts.com
anna@bedazzlearts.com

Bedazzle works across the region offering bespoke individual education provision; work experience; expressive arts classes; events and training. Bedazzle is a registered centre for ASDAN, AQA, Arts Award (Trinity College London) and LAMDA and has formal partnerships with Cambridge Regional College and Harlow College.

Bespoke Education Provision

Bedazzle specialises in creating bespoke education programmes for individuals who for a number of reasons are unable to follow conventional college group courses. We deliver education and work experience for students of all abilities using their own passions and interests as a starting-point for comprehensive packages which can include core subjects from the National Curriculum as well as life skills, expressive arts and work experience. Bedazzle works in partnership with, and their students referred to us from Cambridge Regional College, SEND Teams, Harlow College and directly with parents. To date, Bedazzle students who have entered exams have a 100% pass record.

Project B

Tailored workshops for special schools delivering on various subjects such as well-being, social skills and work skills. Groups tailored to all levels.

Bedazzle Inclusive Theatre

Bedazzle Theatre Arts courses specifically for SEND students are located in Cambridge, Huntingdon, Chelmsford, Harlow & Wisbech. These courses focus on Musical Theatre (singing, dancing & drama) with the aim of increasing confidence, inspiring creativity and increasing communication skills.

In addition to this Bedazzle Inclusive Theatre also have a professional company and its own talent agency with students trained in performing arts as a career.

Other Learning, Training and Volunteering Opportunities

Noise Solution-

Tel: 0794 9977750 Simon Glenister

Web: <http://www.noisesolution.org>

Specialising in motivating those other agencies may be struggling to engage with Noise Solution is statistically significant in improving wellbeing and confidence, Noise Solution pairs professional musicians with participants whatever their musical experience. Starting in the home then moving to a commercial studio, over 10 weeks musical achievements are captured and shared through a digital platform. Family and professionals are invited to contribute to the platform through comments. Through this capturing and sharing of success, we see transformative results in confidence and well-being. Students can achieve level 1 and 2 Arts Award qualifications. This is something that can be used as part of the ICS package (pg 18)

Branching Out (Littleport) – Social and work development for individuals with learning disabilities

27 Grange Lane, Littleport, Ely, Cambridgeshire. CB6 1HW. Tel: 01353 863221

Branching Out support adults at risk with learning disabilities in a variety of fun work experience and social activities in a day provision setting to inspire a quality workforce to create enjoyment in social care. Users are given a choice of the types of work experience they would like to do and are regularly consulted to see if they would like any changes.

Activities include: cooking, upcycling furniture, shop window displays, making craft items to sell in our charity shops, retail experience, gardening, general DIY skills and various community based activities.

Fees are: £29.30 per half day session or £58.60 per day. In addition they can supply individual support at an extra charge of £17.17 per hour. We provide transport subject to availability to access our services from the local area (at no further charge). For further details contact reception@branchingoutuk.com

Burwell Community Print – Print finishing service

The Causeway, Burwell, Cambridge. CB25 0DU. Tel: 01638 613102

Email: info@burwellprint.co.uk

Web: www.burwellprint.co.uk

Burwell Print has been established for 30 years. We support 30 adults with learning disabilities and people attend for one or two days each week. We provide real work experience and training across all aspects of the organisation including the use of print and print finishing machines and equipment, reception duties, customer service and the publicity and promotion of Burwell Print. The fees are currently £45.32 per day. For more information or to arrange a visit please contact Sue Anderson on 01638-613102 or email sue.anderson@burwellprint.co.uk

Cambridge Community Arts

Tel: 07763 280029

Email: info@camcommarts.org.uk

Short Courses: CCA offer a range of short courses in the community that particularly welcome people with experience of mental health challenges or who feel socially excluded for other reasons. In addition to developing creative skills, learners gain confidence, improve social skills, have fun and make friends. Work is in small friendly groups professionally facilitated by experienced artists, musicians, actors etc. Courses are held in a variety of community settings.

Long Course: CCA offers 1 year part-time courses in partnership with Cambridge Regional College that lead to Level 2 Certificate in Skills for Music // Music Production // Photography // drawing & Painting // Drama. Learners must be 19+.

Other Learning, Training and Volunteering Opportunities

Camtrust (Impington)

22 Cambridge Road, Impington, Cambridge
CB24 9NU.

Tel: 01223 236786

Email: info@camtrust.co.uk

Web: www.camtrust.co.uk

Camtrust is a Cambridge Charity specialising in life skills for adults with physical disabilities and learning difficulties. They have a wide range of programmes and activities teaching skills for independent living, helping clients to feel confident in their abilities and reach their potential. The caring and inclusive environment allows clients to feel secure and build lasting friendships. As well as the weekly programme, clients take part in trips, workshops and community activities.

Specialist equipment is available and the premises are fully accessible and wheel-chair friendly.

The charity offers

CORE SKILLS IT Maths and Literacy,
INDEPENDENT LIVING SKILLS travel safety,
internet safety, budgeting, shopping, cooking,
baking SOCIAL SKILLS AND WELLBEING lunch
club, arts and crafts, gardening, outings, group
activities WORKPLACE SKILLS work experience
in the community, bike refurbishment and repairs,
community coffee mornings.

For more information or to arrange a taster session
contact info@camtrust.co.uk or call 01223 236786
www.camtrust.co.uk Facebook - Camtrust, Twitter
- @CamtrustC

Darwin Nurseries (Teversham)

Darwin Nurseries, 5 Quy Water, Newmarket
Road, Teversham, Cambs CB1 9AT

Tel: 01223 293911

Darwin Nurseries provides opportunities for Adults
with learning disabilities to experience working in a
supportive therapeutic environment.

There are a wide range of activities on offer
including, working in the Farm shop, growing plants
and vegetables, looking after the animals, making
preserves, harvesting and preparing crops for sale.

Web site: www.cpft.nhs.uk.Darwinnursery

EAQ (Equine Assisted Qualifications) Ltd

Sessions available at Cambridge EAL, Cottenham
(Tel: 07920 804907) and EAQ Audley End,
Saffron Walden

www.eaqapproved.com

Tel: 01747 828150

EAQ is recognised as an alternative education
provider and offers experiential equine assisted
learning in the natural outdoor environment with
horses and other animals.

Specially trained facilitators lead the sessions for
16-25 year olds in a way which is non-judgmental
and tailored to meet the needs of each individual.
There is a focus on developing skills

for employment, communication, self-directed
learning, independence, self-esteem and resilience.

The team are experienced at working with people
on the autism spectrum as well as those with
complex social, emotional and behavioural needs.

National qualifications include:

Functional Skills in English, Maths and ICT from
Entry 1 - Level 2

Level 1 Award in Skills for Professions in Animal
Care

Level 1 Certificate in Skills for Professions in
Animal Care

Entry 3 Award in Progression

Entry 3 Certificate in Progression

Level 1 & 2 Award in Progression

Level 1 & 2 Certificate in Progression

Level 1 & 2 Diploma in Progression

Level 1 & 2 Award in Employability

Level 1 & 2 Certificate in Employability

FACET

Fenland Area Community Enterprise Trust
Marwick Centre, 21 Marwick Road, March PE15
8PH Tel: 01354 655080

Offers adults with learning and other disabilities
accredited courses in employability, retail, ILS,
enterprise and catering. There is also a huge range of
non-accredited courses including ILS, IT, numbers,
music, drama, English and nature plus work
experience in horticulture and woodwork. Please
contact the centre for a free taster session. FACET is
also a partner in the National Lottery/ESF Community
Connections project and offers a Building Better
Opportunities course which is free to those who meet
the eligibility criteria, details of this can be obtained by
calling the centre.

Other Learning, Training and Volunteering Opportunities

Hope Social Enterprises (March)

"HOPE Social Enterprises LTD Unit 11, Glebe Road, Huntingdon, Cambs PE29 7DY
Tel: 01480 428355 E: hope@luminus.org.uk

Web: www.luminus.org.uk

HOPE Social Enterprise is the Luminus commitment to improving peoples' life chances offering opportunity to access work whilst improving the local community.

HOPE Shop sells pre-loved and re-loved furniture and household goods at affordable prices. Profits from the shop are put back into helping the local community by supporting those who find themselves unemployed back into work, by developing their skills and improving their confidence."

The K9 Project

Contact Chris Kent: 07552 462040

Web: www.thek9project.co.uk

Working alongside ex shelter dogs the K9 project provides unique educational and personal development programmes for children, young people and adults of all abilities. Can offer ASDAN awards at variable levels - Animal Care, Leadership and Volunteering.

We also offer Life Skills and Dogs programmes which are practice based,

K9 also has a café held on Thursday from 10am-3pm at the Community Centre (opposite Ely Cathedral)

The Green Team

California Road, Huntingdon, Cambs.

Email:

andrea.finbow@groundwork.org.uk

Offer structured opportunities and programmes to work in the Plant Centre, Woodwork Department, Garden/Grounds, Conservation and Creative Arts that enable young people to carry out real and valuable environmental improvements in neighbourhoods while learning new skills, gaining qualifications and enhancing employment opportunities.

Eddie's

Suite G10 & G11, Blenheim House, Cambridge Innovation Park, Denny End Road, Waterbeach, Cambridge, CB25 9GL Tel: 01223 883130

An award winning local charity, supporting children, young people, and adults with learning disabilities in lots of different ways; including St Johns Catering College catering and hospitality course with related work experience, arts related activities, gardening projects and theatre workshops.

People & Animals

Contact:

Katie Bristow, Benjamin Newton, Julie Milsom

E-Mail:

info@peopleandanimals.org.uk

Telephone Number:

07541 402354

Short courses and regular provision for life skill development opportunities, education and training, with animal and land-based therapeutic activities, to engage, empower, raise aspiration and compliment personal development and learning.

<http://www.peopleandanimals.org.uk>

Activities, session plans and interventions are designed to develop transferable life skills, enabling that child or young person to re-engage with learning and the education system, overcoming the social, educational, health and well-being barriers that they face. This may facilitate:

- Improved confidence
- Improved ability to concentrate
- Development of social skills; reducing social anxieties
- Managing inappropriate/challenging behaviour.
- Building a sense of trust and respect between students and adults.
- Understanding of potential career prospects to suit their skills, with new found motivation and re-engagement to learn
- Volunteering opportunities
- Improved health, tackling obesity, through exercise and raise and awareness of healthy eating.

Activities are structured to utilise therapeutic animal

Other Learning, Training and Volunteering Opportunities

assisted goal-orientated activity, as a means to learning and personal development, which may include:

- Written communication.
- Verbal communication.
- ICT skills.
- Physical Education.
- Numeracy.
- Science.
- Psychology.

Referral process/Is there a specific intake period:
E-Mail or telephone if you have a referral in mind.
There is no specific intake period.

The process will involve an initial conversation regarding the referral, followed by a consultation as to opportunities to suit the target child/young person or group, with confirmation of the service to then be offered with formation of service level agreement, including agreed start date.

Phoenix Trust (Milton)

Unit 8, Milton Trading Estate, Cambridge Road, Milton CB24 6AZ.

Tel: 01223 420669

Email: info@phoenixtrust.org

Website: www.phoenixtrust.org

Phoenix is a small charity aiming to make a big difference to the lives of people with learning disabilities or complex needs, through the provision of a meaningful experience of work and the development of social and life skills. A wide variety of products are made on site to sell to the public and Phoenix trainees can work in three departments:

- Factory - producing concrete slabs and garden ornaments.
- Woodshed – making a variety of items ranging from picnic tables and garden benches, arbors and mud kitchens, to bird boxes, planters, trellises in all shapes and sizes and bespoke items made to order.
- Kitchen - providing a daily two-course lunch for trainees, volunteers and staff.

For more information or to arrange a visit, please phone, email, or simply call in – we are open Tuesday to Friday, 8.30 am to 3.30 pm.

The Papworth Trust – Centres at Huntingdon/Cambridge/Papworth Papworth/Cambridge

Bernard Sunley Centre (Head Office),
Papworth Everard, Cambridge, CB23 3RG Tel:
01480 357200

Email: info@papworth.org.uk

Tailored programmes for individuals with a range of learning difficulties and disabilities

Huntingdon

Saxon gate, Saxongate Centre Bradbury Place, Huntingdon PE29 3RR Tel: 01480 423053

The Papworth Trust Centre in Huntingdon offers a choice of activities for disabled people to have fun, learn new skills and do work experience.

Opportunities Without Limits – Sawston (part of The Papworth Trust)

Owl Centre, Pampisford Industrial estate, CB22 3EE. Tel: 01223 835329

Work, learning and leisure opportunities in the community for people with a range of learning difficulties and disadvantages.

Accredited vocational training and work experience in bicycle maintenance gardening, recycling, retail and catering in the OWL café.

Also offer: social skills training, weaving, IT, newsletter production, DIY skills, drama and production, art, sports and evening social clubs.

Other Learning, Training and Volunteering Opportunities

The Prospects Trust Horticulture and retail

The Prospects Trust at Snakehall Farm – Farming, Gardening, Cooking, Conservation and Woodwork

Snakehall Farm, Swaffham Road, Reach, Cambridge, CB25 0HZ
Tel: 01638 741551
Email: enquiries@prospectstrust.org.uk
Web: www.prospectstrust.org.uk Facebook: Tilly Tractor

Red to Green (Options and Aspirations)

Red2Green, Harvey's Barn, Park End, Swaffham Bulbeck, Cambridge. CB25 0NA
T: 01223 811662 ext. 222
Email: info@red2green.org
Web: www.red2green.org

Programmes for over 16s with learning disabilities or on the autistic spectrum to help them achieve their goals in training, education, work, friendship or fun. Mini bus service. Half day and flexible options including school/college holiday cover. 1:1 support can be provided by prior arrangement.

Aspirations: life skills for anyone with Asperger Syndrome or high functioning autism. Working in small groups we promote:

- social contact
- self awareness
- an understanding of others
- strategies to cope with anxiety and anger management, and
- independent living and employability skills.

Options: for a wide range of learning disabilities, focussing on independence, key skills, work experience and fun. Popular activities inc bowling, music, sensory, keep fit, IT as well as horticulture, catering and retail work experience in our new community café and garden.

Rowan - Arts Centre

40 Humberstone Road, Cambridge, CB4 1JG.
Tel: 01223 566027
Web: www.rowanhumberstone.co.uk
Email: info@rowanhumberstone.co.uk

Find us on Facebook and Twitter:
[@RowanCambridge](#)

Are you interested in art, music or drama? Then we could be the next right move for you! Rowan is a Cambridge based arts centre and charity where people with learning disabilities work alongside artists in their choice of woodwork, ceramics, printmaking, textiles, mixed media and the performing arts.

As well as their own creative projects, students work on private commissions, exhibit their artwork and can take part in music and drama. Rowan is a friendly place, open 9am-3pm, 50 weeks of the year. Weekly half-day and full-day student places are available. If you are interested in becoming a student, get in touch to book a FREE taster.

Special Choices

5, Hall Close, Hertford, Pe29 1XJ
Tel: 01480 451 828, Mobile: 07702 596172,
Email: specialchoicesltd@yahoo.co.uk

Sessions are held 5 days a week from 9.45am-2.45pm. They run a varied range of sessions from cooking, drama, music and art and craft. Special Choices now offers a transforming lives course to prepare each individual for independent living, they focus on money management, travel training, kitchen and cleaning skills, confidence building and volunteer job opportunities. They also now offer help with benefits and support in finding housing.

Reboot Cambridge Community Interest Company

Unit 9a, The Maltings, Millfield, Cottenham, Cambridge CB24 8RE Tel: 01954 253302

Reboot Cambridge is a Not For Profit Company limited by guarantee, with a view to becoming a Social Enterprise. It is the latest incarnation of Reboot. Offering reasonably priced refurbished IT Equipment and repair services in the Cambridge area for over a decade.

The original project was aimed at providing work based experience and volunteering opportunities for people with Asperger's Syndrome but this soon grew to encompass those in long term unemployment and other members of the community

Other Learning, Training and Volunteering Opportunities

Harry Specters Fine Chocolate

Unit 8, St Thomas place, Ely
Cambridgeshire CB7 4EX

Tel: 01353967030

Email: sales@harryschocs.co.uk,

Web: www.harryschocs.co.uk/pages/social-enterprise

A Cambridge, UK based company providing handmade chocolates. It also provides employment opportunities for people on the autism spectrum in a safe and supportive environment.

Both our sites are fully accessible and have adapted equipment to enable people with mobility difficulties to access all areas, this includes our jacuzzi / spa at our Peterborough centre and also our large garden and horticultural area at Wisbech. We also have our own fully accessible vehicles which enables all individuals to access off site facilities.

Wisbech Centre – Unit 10 Algores Way,
Wisbech, PE13 2TQ

The Helping Hands Group

Charford House
Padholme Road East,
Peterborough

T: 01733 561000

E: info@thhg.org.uk

I: www.thehelpinghandsgroup.org.uk

F: facebook.com/thehelpinghandsgroup

The Helping Hands Group has centres in Peterborough and Wisbech and specialise in supporting young people with learning and associated disabilities including a variety of medical conditions.

We provide bespoke programmes that focus on education and social elements. Staff are trained to support with communication, positive behaviour, care and health. Programmes are designed to promote independence skills and sessions are based both on site at our centres or out in the local community. We offer a wide range of activities which include cooking, music, dance, mobility, animal care, gardening and crafts. Numeracy and Literacy are embedded in all of our programmes.

We run both accredited and non-accredited programmes and work in partnership with local colleges to provide Education Packages, supporting individuals with their individualised outcomes as set out on their EHC Plans. We have good partnership links with local employers and run a number of voluntary work placements.

Other Learning, Training and Volunteering Opportunities

Training Programmes

These may be suitable for young people who are work ready but require a little extra support to progress into a job or apprenticeship. They offer basic skills, work skills and experience, confidence building - improving skills ready for employment.

NACRO in Peterborough

16, Lincoln Road, Peterborough, Cambridgeshire. PE1 2RL, Tel: 01733 561 596

Web: www.nacro.org.uk/services/cambridgeshire

Nacro Peterborough study programme helps young people 16-19 years or up to 25 years (if young person had LLDD) who have been disengaged with school to engage with education or training. There is also a Mum's-to-be programme and an adult (offenders) programme from 17 years onwards.

NACRO in Wisbech

1 Hill Street, Wisbech, Cambridgeshire, PE13 1BA, Tel: 01945 467254

Web: www.nacro.org.uk/services/cambridgeshire/

Nacro Wisbech study programme helps young people to learn new skills and qualifications in: functional skills; employability and vocation choice units in retail and care (child). The service is designed to prepare young people to move on into further education, apprenticeships or work. You can apply directly to Nacro.

HART Learning + Development

Traineeships now available in Cambridge and Huntingdon.

If you are between 16-24 years old and not in education, employment or training and looking for a route into employment or further training such as an apprenticeship this programme is for you. This nine week programme helps young people to prepare for work. The programme consists of:

- City and Guilds Level 1 Customer Service

- City and Guilds Level 1 in Business and Administration
- City and Guilds Level 1 in Personal Development
- Functional Skills in Math and English with the aim to gain a Level 1 or 2
- Work placement (5 weeks) within retail or hospitality.

If interested please contact:

Joanne Elliott 07760 618960 /

jelliott@hartld.co.uk

James Guthrie 07760 618 960

jguthrie@hartld.co.uk

Nova Training and Programme

Unit 7, Anglia Way Wisbech PE13 2NT

Tel: 01945 580800

“HEADSTART 16 – 18”. This programme is predominantly at level 1 but can include level 2 skills and qualifications.

- Training to prepare you for college/traineeship, apprenticeship/job
- Skills on employability/CV/writing and Interview Skills/Confidence and work experience

MONDAY AND THURSDAY: Delivery each Monday and Thursday will be from the centrally located Community Centre in Wisbech, The Oasis Community Centre, St Michael's Avenue, Wisbech, PE13 3NR.

TUESDAY AND WEDNESDAY: Learners will either be accessing arranged work placements with employers in and around Wisbech or will be accessing one of our two Kings Lynn centres.

Other Learning, Training and Volunteering Opportunities

Switch Now: Changing Opportunities

Unit 13 Foundry Way, Eaton Socon, St Neots, PE19 8TR

Switch Now offers a Further Education employment focused provision that supports, trains and develops young adults with learning difficulties and disabilities. Our goal is to enable young people (our co-workers) to become work ready, with the aim of progressing into paid, supported, voluntary or self-employment.

Who is Switch Now for?

- Young adults with additional needs
- Individuals that are not in education or training
- Post 16 / college leavers that want to experience something alternative
- Individuals with, or without an Educational Health Care Plan (EHCP)

What can Switch Now do for you?

- Offer a Monday-Friday work focused training provision, all year round*
- Provide training and support for young adults with learning difficulties / disabilities in a meaningful and engaging environment
- Training kitchen – providing catering training, commercial and domestic independence skills
- Switch Café – offering hands-on work experience in a café setting
- Practical enterprise workshop – training opportunities to make, create, upcycle and sell products produced in the workshop
- Retail/ trading area – training and work experience running an 'online sales business' selling items through social media and online for the local community
- Community work experience – practical community-based experiences, some of our placements include - work with Paxton Pits, Riverside Miniature Railway, Rectory Farm and other local volunteer groups/ businesses
- Offer accredited qualifications to develop transferable, personal and work skills
- Compliment other settings i.e. college, day services, volunteer placement
- High-quality support – all our activities are staffed with a high ratio of 1:4, we also offer 1:1 support for a more personal approach to an individual's training**

What can you get out of working with Switch Now?

- A provision to recognise and realise your potential
- Experience of working in a professional work environment
- Development of social integration within the local community
- Meaningful work placements and experiences
 - Access to a qualified and highly experienced Job Coach
 - Support in your place of employment
- A range of accredited qualifications to develop transferable skills
- Development of own personal skills; confidence, independence, communication
- Progression and support towards paid employment, self-employment, voluntary work, further education
- Opportunities to develop core skills by using functional and embedded maths, English and IT
 - Social engagement with others, the opportunity to make new friends/ colleagues

**If 1:1 or high needs support is required, then please contact us to discuss this further

Switch Now also offers Switch Socials, promoting social inclusion and age-appropriate activities for young people (16 – 30 year olds) with additional needs. As part of our socials we hold a regular evening social group once a week during term time. We also hold social sessions during holiday periods to break up those long holidays!

We are open:

Switch Now – All year round except for Christmas and bank holidays*

Switch Holiday Socials – During educational breaks/ closures i.e. half-terms, summer etc

Switch Socials – Every Tuesday 7pm – 9pm term time only

For more information visit: www.switchnow.org.uk

Contact Mark Hawking - 07518 795301 or Catherine Fairholm - 07518 795370

Email: contact@switchnow.org.uk

Other Learning, Training and Volunteering Opportunities

GAPS Programme TCHC

Fleet Way, High Street, Fletton, Peterborough,
PE2 8DL

Tel: 01223 245135

Email: deborah.paine@tchc.net

The GAPs Programme is a smaller provision and alternative to the LARGER mainstream colleges, to offers young people aged 16-18 or up to 24 with a current ECHP the opportunity to study towards NVQ's at levels E3, L1 & L2, with a relevant work experience placement. Also includes opportunities to improve English & Maths GCSE (re-sits) and or functional skills alongside qualifications in Customer Service, Employability and Personal, Social Development. In order to give the young person the best start possible. We also give the young learners the opportunity to undertake a formal Health & Safety and First Aid at Work Qualifications (subject to availability). We also give advice and guidance on job and progression research. Contact: Deborah Paine

The Princes Trust

Website: www.princes-trust.org.uk

Tel: 0800 842 842

M: 07483 981306

Get Started programmes – short courses for 16- 30 year olds run by professional tutors in sport, music and creative arts. Designed to build motivation, confidence and communication skills. One-to-one mentoring offered after the programme to help young people move into education, training, employment or volunteering.

Get Into programmes - short vocational courses that develop skills in a specific sector for 18 to 30- year-olds. Designed for people who are work ready, but need experience and to develop their employability skills. One-to-one mentoring offered after the programme to help young people move into education, training, employment or volunteering.

Enterprise programme - helps unemployed people aged 18 to 30 with support and funding to work out if their business ideas are viable and whether self-employment is right for them. For more information, please contact the Customer Service team on 0800 842 842.

Team Programme

Not currently available in Cambridge area. Nearest programme is Peterborough. There is likely to be a new programme in King's Lynn at the start of 2019.

– an exciting action-packed course focused on getting you the skills you need to get a job or progress to an apprenticeship or further education courses!

Run three times a year, the 12 week programme is free to join and will not affect your Jobseeker's Allowance.

Completing the programme will help build your confidence, motivation and enable you to develop new skills and qualifications. All of these things will put you on the right track to getting the job that you really want!

Boxing Futures

Provides non-contact Boxing programmes within local communities to socially disadvantaged young people, primarily but not exclusively, aged between 16-25 years.

Offers:

- Box Out It Programme
- Brothers Through Boxing
- Sisters Through Boxing
- One to One Mentoring Programme.

Boxing Futures work in partnerships and to provide bespoke interventions aimed at improving mental and physical health, improving confidence and increasing resilience. We outreach our services and take our programmes directly to the community.

For further information

E-mail info@boxing-futures.org.uk

Tel 0203 031 3469

M: 07957998235

Other Learning, Training and Volunteering Opportunities

Confidence for Change – Illuminate

Work with people who are unemployed and 18 years or over. Unique course based on the life coaching model of learning and development. Focuses on building self-confidence and strengthening self-belief. Enabling people to make changes in their lives as they define them. This includes getting closer to work, volunteering, achieving health goals, managing anxiety and mental health.

Takes place over 4 days, one day a week, in a group setting.

Due to high demand we only open one course at a time for applications. During the year we work in the following locations:

Cambridge, Ely, March, Wisbech, Huntingdon, St Neots, Newmarket.

For further information email:

sam@illuminatecharity.org.uk

To join the mainlining list email:

info@illuminatecharity.org.uk

The Inclusion Project

Locations: Community based across Cambridge, St Ives, Huntingdon, and beyond. Transport to and from your residence is included as part of the service, please see website for whether we cover your home postcode.

The Inclusion Project specialises in providing opportunities for socialising, fun, and personalised skill development to those 16 years and older with learning difficulties, autism or other specialist needs. The Inclusion Project in Cambridge and Huntingdonshire currently offers 7 hour sessions 5 days a week and throughout the year, with transport to and from home included within the service provision. Individuals are typically supported at a small group ratio to access favourite activities such as cinema, swimming or bowling, and to try new challenges such as rock climbing, cycling, or other activities of interest to the group. The Inclusion Project is a flexible service that can be accessed as frequently as required and provides an ideal source of leisure time with friends whilst enhancing independence and inclusion within their local community.

Website: inclusionproject.co.uk

Email: hannah@inclusionproject.co.uk

Telephone: 07932672496

Summer 2019 National Citizen Service Programme

THE NCS is a once-in-a-lifetime experience for all 15 – 17 year olds and up to 25 for those young people with SEND, that builds skills and confidence and helps to get ahead in work and life.

The programme also helps young people connect to their local community through social action projects designed and delivered by the group themselves whilst supported by NCS staff. It is our ambition to ensure as many young people as possible regardless of background, ability or ambitions, get the chance to experience and reap the rewards of NCS.

The programme is in three phases, Adventure, Discovery and Social Action.

PHASE 1 – ADVENTURE: Friday 21st June – Monday 24th June: A residential experience at Grafham Water Centre <http://www.grafham-water-centre.co.uk/> Here you will take part in a number of outdoor activities such as sailing, kayaking, climbing, biking and archery.

PHASE 2 – DISCOVERY:

Friday 28th June – Virtual touch base session to catch up with your team and leaders.

Monday 1st and Wednesday 3rd July – Daily sessions in the community to include visits to charities/organisations and “apprentice” style group challenges developing budgeting and time management skills.

Monday 8th to Wednesday 10th July – Residential at a self catering facility, building independence and life skills. This will include the team cooking for themselves, completing first aid training and having alternative sessions delivered by local charities and organisations.

PHASE 3a –SOCIAL ACTION PLANNING:

Monday 15th July – Friday 19th July: Young people will plan a project that gives back to their local community. Monday and Friday will be face to face sessions. The remainder of the week the young people will work on tasks at home and virtually work together if necessary.

Other Learning, Training and Volunteering Opportunities

PHASE 3b –SOCIAL ACTION DELIVERY:

Monday 22nd July – Friday 26th July: Young people will deliver their project that gives back to their local community. This should be 30 hours in total within the time frame above.

CELEBRATION – On completion of the programme the young people graduate and receive a certificate signed by the Prime Minister. As part of the NCS Graduate Programme they get access to unique opportunities to continue volunteering and stay connected to each other and their local community. **Date and venue to be confirmed.**

Prior to starting the programme:

- You will receive a welcome pack giving further information.
- There will be two hour long getting to know you sessions, these sessions are designed for NCS staff, young people and parents/guardians to get to know each other.
- There will be a team building day on Thursday 30th May, 10am – 3pm at Grafham Water Centre. This will help to prepare the young people for their first residential. They will have a tour of the site, experience some of the activities, sample the food and meet the Instructors.

Please be aware that there is a contribution of £35 to secure your teen's place. This is the only payment necessary for the whole programme. A smaller more affordable contribution can be agreed for low income families, please contact Kim or Natalie to discuss further.

To make the £35 payment please call Grafham Water Centre on 01480810521, between the hours of 8.30am and 5pm, Monday to Friday.

In the meantime if you have any questions or queries with regards to the EHE NCS programme, please contact Kim Jeffries, the Programme Manager, on **01480810521, 07920029496** or via email kim.jeffries@cambridgeshire.gov.uk or Natalie Taylor, the Programme Co-ordinator on **07825905841** or via email natalie.taylor@cambridgeshire.gov.uk

Groundwork

Groundwork run a number of Employment and Skills and Health and Well-being projects across Cambridgeshire for young people aged 19 and over. The projects help young people to learn new skills, develop confidence and improve well-being. Projects such as Green Team, Green Skills, Mind Body and Soil, Get Outdoors Get Active offer young people the chance to get involved in a practical gardening or landscaping project that also benefits the local community. Projects run all year round, for further information or to find out more, please visit:

<https://www.groundwork.org.uk/sites/east/pages/category/current-projects-in-cambridgeshire-east>

Other Learning, Training and Volunteering Opportunities

Apprenticeships

An apprenticeship is a real job with training which would allow your daughter or son to earn while they learn, whilst gaining a nationally recognised qualification. Apprenticeships take between one and five years to complete and cover 1,500 job roles in a wide range of industries, from engineering to accountancy, public relations to veterinary nursing. Apprenticeships are now available up to degree level and beyond.

Benefits of doing an Apprenticeship:

- Earning a salary;
- Training in the skills employers want;
- Excellent progression opportunities, whether looking to study further or climb the ranks within the workplace;
- Increased future earning potential apprentices enjoy marked salary increases when they complete their training, and those completing a higher apprenticeship could see increased earnings of an estimated £150,000 over their lifetime
- Learning at a pace suited to the individual with the support of a mentor;
- Paid holiday.

Apprenticeship levels

There are various levels of apprenticeship your son or daughter could apply for depending on their current skills and qualifications. Apprenticeships have equivalent educational levels:

- Intermediate 2 - requires 5 GCSE passes at grades 4-9
- Advanced 3 – requires 2 A level passes
- Higher 4,5,6 and 7 requires Foundation degree and above
- Degree 6 and 7 requires Bachelor's or master's degree

All apprenticeships will include elements of on the job and off the job training leading to industry recognised standards or qualifications. Some apprenticeships will require an assessment at the end of the programme to assess the apprentice's ability and competence in their job role.

Salaries

The minimum wage for apprentices is £3.70 per hour, but many employers pay more than this. This is dependent on the sector, region and apprenticeship level e.g. some higher apprenticeships can pay as much as £300 – £500 per week. More details on salaries and entry criteria in specific apprenticeship occupations can be accessed by looking at the vacancies on 'Find an apprenticeship'.

N.B From September 2017

Adjustments will take place in order for people with learning difficulties/disabilities to have an equal opportunity to gain the skills offered through an apprenticeship; English and Maths requirements will now be adjusted to Entry Level 3 Functional Skills. For more information on Apprenticeship specification please look at: https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/630068/Specification_of_Apprenticeship_Standards_for_England.pdf

Traineeships

You can expect three things from a **traineeship**:

- high quality work placements – where you can learn what's expected of you in the workplace, and develop links with local employers
- flexible training - in other relevant areas to help you get ready for work, such as job search and interview skills, time-keeping and team working
- study in English and maths (if appropriate) – employers value these essential skills very highly.

At the end of your traineeship, if there is a job or apprenticeship vacancy with the work placement host, you should receive an interview. If there isn't a job or apprenticeship opportunity at that time, you will receive an exit interview with the employer who provided the work placement. In this interview you can discuss what you've learned, and how it might help you with things like updating your CV and getting into a job or an apprenticeship.

Whether you go for a traineeship or apprenticeship will depend on your age and qualifications.

Which qualifications will you get?

All traineeships are the same level.

Other Learning, Training and Volunteering Opportunities

Who can take a traineeship?

You must be:

- 16-24yrs and qualified below level 3
- 16-25yrs with learning difficulties.

What sort of experience will you need

You must be:

- out of work with little work experience
- working for less than 16 hours a week
- leaving school/college
- finding it hard to get an apprenticeship
- not sure you have the skills for an apprenticeship.

How long does it last?

Six weeks to six months.

How much will you earn?

Traineeships are unpaid but most pay travel and meal costs.

Supported Internships

Supported internships are a structured study programme based primarily at an employer. They enable young people aged 16-24 with an Statement of SEN, a Learning Difficulty Assessment or an Education, Health and Care plan to achieve sustainable paid employment by equipping them with the skills they need for work, through learning in the workplace. Supported internships are unpaid, and last for a minimum of six months. Wherever possible, they support the young person to move into paid employment at the end of the programme. Alongside their time at the employer, young people complete a personalised study programme which includes the chance to study for relevant substantial qualifications, if appropriate, and English and maths.

MENCAP – Interns & Outcomes

Interns and Outcomes is a programme that offers people with a learning disability, the opportunity to get practical work-based learning experience, providing a smooth transition from education to paid employment or further study.

Interns and Outcomes is for young people aged 16-24 with an Education, Health and Care plan (EHC) plan and who want to follow an individual study programme that will help them to get a job.

Interns and Outcomes offers a range of benefits, helping people with a learning disability to:

- raise their aspirations
- build their skills and confidence
- improve their English and maths skills
- better understand employment
- show employers what they can do
- progress towards paid work.

Other Learning, Training and Volunteering Opportunities

Creating more job opportunities

Access to Work Fund

The application process for those on supported internships and traineeships wishing to apply to Access to Work has been revised. Changes include:

- the provision for a supported employment provider to make an application on behalf of an education provider (education providers can still make the claim if they would like to do so);
- a move from one form per month, to one per placement for each student; and
- the ability to make applications up to three months in advance.

Young people on or about to start the work experience placement of a supported internship, or traineeship with a disability or health condition, can apply to the Department for Work and Pensions' Access to Work fund. An Access to Work grant can cover the additional support a young person may need for the in-work element of supported internships or traineeships and can fund:

- Job coaches (where they support interns directly in their work placements, other support provided by a job coach, e.g. life skills activity and any educational activities will need to be funded separately);
- Specialist equipment for days that a young person is at the employer's premises; and
- The extra fares to work if the person is unable to use public transport.

There is no set amount for an Access to Work grant, and how much an individual receives depends upon their circumstances. Completed applications should be sent to the dedicated Access to Work team at:

Atwosu.london@dwp.gsi.gov.uk

Other Learning, Training and Volunteering Opportunities

Volunteering Work

Volunteering can be great fun and can help develop skills and experience. It also looks great on a CV. These contacts hold lists of volunteering opportunities locally.

Cambridge Council for the Voluntary sector

Supported Volunteering Project,
CCVS, 16-18 Arbury Court, Alex Wood Rd,
Cambridge. CB4 2JQ Tel 01223 631819

Volunteer Centre Huntingdonshire

Ramsey and surrounding area:

Tel: 01487 814117

St Ives and surrounding area:

Tel: 01480 301462

Huntingdon and surrounding area:

Tel: 01480 414766

St Neots and surrounding area:

Tel: 01480 414766

Email: info@huntsvc.org.uk

Web: www.huntsvc.org.uk

Volunteer Centre Fenland

Suzanne Duffy Room, Rosmini Centre Wisbech,
69A Queens Road, Wisbech, PE13 2PE.

Tel: 01945 582 192

Email: office@fenlandvc.org.uk

Web: www.fenlandvb.org.uk

Volunteer Centre Ely & District

41e, Forehill, Ely CB7 4AA.

Tel: 01353 666 556

Email: volunteers@vcaec.org.uk

Web: www.vcaec.org.uk

Volunteer Centre Peterborough

Address: 3, Lincoln Court, Lincoln Road,
Peterborough, PE1 2RP.

Tel: 01733 311016

Email: liz.telford@pcvs.co.uk

Web: www.pcvs.co.uk

You may also try your local:

- Charity shops
- Country parks
- Day centres
- Animal Rescue Centres

List of Cambridgeshire Voluntary and Community Groups Directory:

www.cambridgecvs.org.uk/reports/1

Information on volunteering placements:

www.do-it.org

Time banking

www.timebanking.org.uk/how_time_banking_works.asp

1. People list the skills and experience which they can offer and those that they may need.
2. Everyone's skills are valued equally - one hour always equals one time credit.
3. Everyone agrees to both give and to receive help, to earn and to spend their time credits.
4. A record is kept of all the time credits earned and spent, ideally on computer using the 'Time Online' system.
5. Everyone is encouraged to spend their time credits to allow others the chance to make a difference and feel needed.

Contacts:

Cambourne: Laura Papanikolaou

Tel: 07540 122624 Email: lpap@chsgroup.org.uk

Littleport: Caline Easey

Tel: 07702 517746

Email: caline.easey@chsgroup.org.uk

St Ives: Zo Weaver

Tel: 07887 894100

Email: stivestimebank@yahoo.co.uk

Somersham: Lucy Bird

Tel: 07443 619017 / 01487 841359

Email: lucy.bird@somersham-pc.gov.uk

Histon/Cambridge: Gerry Cano

Tel: 07834 750676

Employment, Finance and Transport

Paid Employment

Like anyone else, young people with additional needs, who have reached school leaving age, are entitled to apply for work, whether full-time or part-time.

The Equality Act 2010, which replaced the Disability Discrimination Act 1995, requires employers not to discriminate against people because of their disability, and to make reasonable adjustments so that they could do the job. This applies both when they are employed and when they are applying for a job. If an employer discriminates against them, they (and their parents) can put a case to an Employment Tribunal. If they win the case, they may be able to claim for financial loss and damages for injuries to feelings.

A complaint form can be obtained from a Jobcentre or a Citizens Advice Bureau (CAB). CABs can also give advice about the complaints process.

As we all know, the employment situation is not easy, but it is also not impossible. Young people with additional needs regularly get both full and part time work. It does however often take a great number of applications and effort on behalf of the young person and their parents. If you contact your Additional Needs Pathway Coordinator (See Contact Details p37) they will be able to advise you how to mount a campaign to look for work. Additional Needs Pathway Coordinators will keep in contact and continue to guide young people through their job search.

Young people claiming Employment Support Allowance (ESA) and Jobseeker's Allowance (JSA) who are actively seeing work can ask the Job Centre for support. Job Centres have specialists called Disability Employment Advisers (DEA) and Work Coaches who may be able to help. Contact details can be found at: <https://www.gov.uk/contact-jobcentre-plus>

You can also be asked to attend the Work Programme which can help you prepare for work if you are claiming either JSA or ESA.

The Disability Employment Adviser/Work Coach can refer you to Papworth Trust or Seetec. (Seetec is a national organisation and is based at Henry Giles House). They see customers with all health conditions and should offer appropriate support.)

Papworth and Seetec can provide support in job seeking activities and the Work Programme. There are some mandatory referrals but anyone on ESA can volunteer to attend the programme if they wish. The referrals are made to each organisation on a random basis so customers cannot usually specify which provider they wish to attend.

www.papworthtrust.org.uk/work-and-training/the-work-programme

www.seetec.co.uk

Employment Centre, Huntingdon

Papworth Trust Centre Huntingdon, Saxongate, Bradbury Place, Huntingdon, Cambridgeshire. PE29 3RR. Work Programme:
Tel: 0300 4562391

Employment Centre, Cambridge

Papworth Trust Centre Cambridge, Hawthorn Way, Cambridge. CB4 1AX
Tel: 0300 4562425

Employment Centre, Papworth Everard

Bernard Sunley Centre, Papworth Everard, Cambridgeshire. CB23 3RG
Tel: 01480 357200 (10am-4pm)

Employment Centre, Wisbech

Papworth Trust Office Wisbech, Office 2, Post Office Lane, Wisbech. PE13 1HQ
Tel: 0300 456 2357 (9am-5pm)

Employment, Finance and Transport

Job Centres

Cambridge Job Centre

Henry Giles House, 73-79 Chesterton Road,
Cambridge, CB4 3BQ | Tel: 0800 169 0190

(For Cambridge and Ely please visit the
Cambridge Centre)

Huntingdon Job Centre

Pathfinder House, St Mary's Street, Huntingdon,
Cambridgeshire. PE29 3TN

(Covers: Hunts, St Ives, St Neots area)
Tel: 0800 169 0190

Wisbech Job Centre

Albion House, Albion Place, Wisbech
Cambridgeshire PE13 1AN

Covers: PE13, PE14, PE15)
Tel: 0800 169 0190

Kings Lynn Job Centre

Lovell House, St Nicolas Street Kings
Lynn Norfolk PE30 1LR

Tel: 0800 169 0190

Schools Adviser for Cambridge

Georgina Balaam

Georgina.balaam@dwp.gsi.gov.uk

Tel: 07741 673480

Together for Families

Ken Pottle

Ken.pottle@dwp.gsi.gov.uk

Tel: 07825 904735

Gee Peluso

Gee.peluso@dwp.gsi.gov.uk

Tel: 07920 127303

Employment, Finance and Transport

Finance

16 – 19 Bursary

The 16-19 Bursary Fund helps 16- to 19-year-olds continue in education, where they might otherwise struggle for financial reasons. It is made up of two parts – bursaries of up to £1200 a year to the most vulnerable young people and a discretionary fund for schools, colleges, academies and training providers to distribute.

Young people in the defined vulnerable groups will receive bursaries of £1200 a year. This group is made up of children in care, care leavers, those on income support and those in receipt of both Employment Support Allowance (ESA) and Disability Living Allowance (DLA) / Personal Independence Payment (PIP).

Providers can distribute the rest of the money to support any student who faces genuine financial barriers to participation such as costs of transport, food or equipment. Providers will have the freedom to decide the scale and frequency of bursary payments. A bursary may be conditional on students meeting agreed standards, for example, behaviour and attendance.

The 16-19 Bursary Fund is administered by providers. Young people need to apply directly to their academy, school, college or training provider for support from the scheme.

For further info please go to: <http://www.cambridgeshire.gov.uk/residents/children-and-families/schools-&-learning-costs/16-19-bursary-fund/>

Child Benefit / Tax credits

If you are already receiving Child Benefit or any other related benefits such as tax credits, you may continue to receive them until your son/ daughter turns 20 or until they leave full-time education if this is sooner. You will need to tell the Child Benefit Office if your child is continuing in full-time further education. For further information

www.hmrc.gov.uk/child-benefit/

Tel: 0300 2003100

Employment and Support Allowance (ESA)

Following their 16th birthday your young person may be eligible to claim an incapacity related and/or income related benefit in their own right.

ESA can be paid from a young person's 16th birthday. Entitlement to this benefit will depend on passing an assessment for capability for work, and may involve a medical assessment. There are two separate elements to ESA: contributory ESA (CESA) is dependent on having paid enough National Insurance contributions and income-based ESA which has separate rules about savings and income.

To qualify for income-based ESA while in full-time education, young people must also be entitled to DLA / PIP.

It is worth seeking expert advice for a detailed calculation before applying, due to the impact on other benefits, such as Child Benefit and Child Tax Credit.

To apply for Employment and Support Allowance if your son or daughter is 18 - 25 phone the Job Centre Plus Contact Centre on 0800 055 6688.

<http://www.gov.uk/government/publications/employment-and-support-allowance-claim-form>

Jobseekers Allowance (JSA)

Once your son / daughter is 18 and leaves school, if they are ready to enter work and are looking for a job they will be able to apply for JSA. Help may be available at their job centre through a Disability Employment Adviser or Work Coach. To apply phone 0800 055 6688.

www.gov.uk/jobseekers-allowance/how-to-claim

Universal Credits

Are replacing:

- Child tax credits
- Housing benefit
- Income support
- Income based job-seekers allowance
- Income related Employment Support Allowance
- Working tax credits

Employment, Finance and Transport

- Legacy benefits

New claimants will need to apply for universal credits.

Existing claimants – do not need to claim universal credits until the DWP gets in touch or if there is a change in their circumstances.

Disability Living Allowance (DLA) / Personal Independence Payment

Many young people at special schools receive Disability Living Allowance. This is paid if a young person needs significant amounts of help to care for themselves or to move about. It is made up of a care component and a mobility component.

www.gov.uk/dla-disability-living-allowance-benefit
DLA for people aged 16 and above is being replaced by a new benefit called Personal Independence Payment (PIP). When a young person reaches 16 their DLA is likely to end and they will be invited to claim the new Personal Independence Payment. It also has two parts - a daily living component and a mobility component.

www.gov.uk/pip

The Family Fund

4 Alpha Court, Monks Drive, York. YO32 9WN.
Tel: 01904 550055

www.familyfund.org.uk

If your son/daughter is under 18 and severely disabled, and your family has a low income and low savings, you may be able to apply to the fund for a grant. This might be for a holiday, a washing machine, furniture or a computer.

Free School Meals

Available to school-age children and to Post 16 students at a school with a sixth form, or FE college.

For more information and to apply go to <https://www.cambridgeshire.gov.uk/freeschoolmeal> or telephone 01223 703200 for more advice and support.

For help with disability benefits:

PIP Enquiries: 03458503322

Disability Cambridgeshire Pendrill Court, Ermine Street North, Papworth, CB23 3UY
Tel: 01480 839192

Email: info@disability-cambridgeshire.org.uk

Web: www.disability-cambridgeshire.org.uk

Disability Huntingdonshire (Was DISH)

Provide information and advice on benefits to people of all ages

Pendrill Court, Ermine Street North, Papworth, CB23 3UY Tel: 01480 748168

Email: info@dish.org.uk

Web: www.dish.org.uk

The Village Benefits Advice Service

helps with information on disability benefits and completing application forms.

The contact telephone number is 01353 666990. Postal address is PO Box 257, Ely, Cambridgeshire, CB7 9EA.

The Papworth Trust

Papworth Trust in Cambridge provide benefit advice and information. They can answer your questions about benefits and support you and/or the young person you support through the application process.

Information Centre, Saxongate, High Street, Huntingdon PE29 3RR

Tel: 0800 952 5000

www.papworthtrust.org.uk/information/benefits

DOSH Dosh Financial Advocacy (covers the whole of the UK). Help and support with money and benefits including visits from Mike Kitcher, local financial advocate. Please contact info@dosh.org; 0300 303 1288 or visit www.dosh.org for more information.

Email: mike.kitcher@dosh.org

Tel: 03003031288

Employment, Finance and Transport

Transport post 16

Post 16 students will be expected to walk or use public transport to their educational provision unless they have a special educational need or disability which prevents them walking or accessing public transport (bus or train) or a bus service contracted by the council. Post 16 students who are unable to access public service transport or walk to school/college are able to apply for post 16 SEN transport. The student must be enrolled on a full time course either in school (mainstream or special) or College of Further Education. This must be the nearest appropriate centre to their home address offering an appropriate course for that student.

If these criteria have been met they may be eligible for subsidised transport up to the age of 25. This decision will be made by the Statutory Assessment Team.

Cost per term for transport is £180 (subject to yearly review) or free if in receipt of qualifying benefits. This payment must be paid termly but can opt to pay half-termly. If you choose to pay half-termly the payment can only be made by cheque.

Applications for SEN transport can be made online or a paper copy can be requested. Applications cannot be made until the new form is released for the next academic year. This is normally in May/June.

Further information regarding post 16 transport can be found at:

<https://www.cambridgeshire.gov.uk/residents/children-and-families/schools-&-learning/school-transport/transport-for-post-16-pupils-with-special-educational-needs/>

Personal Transport Budget

If a child is eligible for transport parents/carers can opt to drive them. The parent/carer receives 40p per mile for the journey to and from school/college.

Useful Information and Contacts

Social Care options for young people

Social Care Options for young People – Preparing for Adulthood:

Support to help young people to prepare for adulthood should start as early as possible and at least by the age of 14. It should be focussed on outcomes that are important to the young person.

Children's Disability Services will work with children with a learning disability up to 18 years of age. The Young Adult Team will then take over and continue to support the young person up to 25 or as needed.

For other young people the Adult Social Care Teams (Physical Disability, Mental Health, Sensory, Autism and Adults Support Team (formally Vulnerable Adults) will often start to work with young people at age 16 to assess and develop adult support plans in readiness for the move to adult support.

For adults (over 19 years) with additional needs there are day opportunities that offer a range of activities which is normally funded through social care (depending on social care threshold).

N.B Come April 2018 all young people who are 18 after this date (apart from Mental Health and Physical Disability Teams) will go through the Young Adult Team if they have an EHC Plan.

A list of daycentres are:

Horizon Cambridge

Tel 01223 714700. 285 Coldhams Lane, Cambridge, CB1 3HY

Huntingdon Community Centre,

Tel: 01480 77699. 12a Ambury Rd, Huntingdon, Cambs, PE29 1JE

CATS

1 Bull Lane, St Ives PE17 4AX

Shortsand

St Neots, Cambridgeshire Pe19 1PQ

Larkfields Resource Centre

Tel: 01353 612 929. High Barns, Ely, Cambs, CB7 4SB

Tennison Lodge

Tel: 01354 750 202. Gordan Avenue, March, Pe15 8AJ

For young people with learning disabilities who do not need social care before 18 years old, the Learning Disability Partnership Young Adults Team will start to work with them from age 16 to assess and develop adult support plans in readiness for the move to adult support.

For those who are likely to require support in adult life, they will need to be identified and placed on the Preparing for Adulthood Tracker via the Statutory Assessment Resources Team (START).

For more information about what services are available for your young person visit: www.cambridgeshire.gov.uk/careandsupport

There is information about Supported Living, Self-Directed Support, Domiciliary care, and a range of choices for health and social care services.

Useful Information and Contacts

Housing / Accommodation Options

How do I find out what is right for me?

It is important that you think about what sort of housing you will need now or in the future. For example, do you want to live on your own or share with other people and will you need support?

Housing and support can be provided as a “package” but “pick and mix” arrangements which match individual requirements are increasingly common, particularly if someone lives on their own. If a young adult feels that they will be able to live independently, with the support of your family and friends, then you should get a housing application form from your local council’s Housing Department so that you register the fact that you need accommodation.

You should include any information about having a learning disability on this form as this may mean you are given some priority as being vulnerable under the Housing Act.

There are quite long waiting lists for housing but registering as early as possible will help. To get a form and find out more about your options you can contact your local housing team.

If you feel you will need support then it is important that you have your needs assessed by your Adult social care team.

The care manager will work out with you what level of support you will require and what type of housing and support package will best suit your needs, and will also help you to fill in housing application forms.

Some housing and support options to choose from:

- Registered Care (regulated by the Commission for Social Care Inspection)
- Registered care homes
- Registered care homes are generally larger than group homes (see below) and can have twenty or more residents, although many are

much smaller with typically three to nine residents.

- Personal care and full board are provided, and there's usually 24-hour staff cover.

Shared Lives scheme

In an adult placement (sometimes called 'adult fostering'), the local authority supports and supervises families who provide a place in their own home.

Some of these are registered while someone less disabled may be in supported lodging in an adult placement scheme, where they rent a room or bed-sit in a family home and receive minimal support.

Supported housing

Supported housing takes many forms - it means any type of housing and support which is not a registered care home. Although not inspected and regulated in the same way as registered homes there are systems for checking that these services are safe and of good quality.

- Support agencies which provide personal care are registered with and inspected by the Commission for Social Care Inspection.
- The social and health care staff from the learning disability team continues to support and review people who take up places in supported housing schemes. Group homes (or shared housing)

Group homes are usually smaller than registered care homes, with three or four people sharing. Support staff either visit regularly, or are there during the day and sometimes also overnight as well.

People who live there have tenancies and may do their own shopping, cooking and housework, with help from staff.

Cluster housing

Cluster units, either on one site (like sheltered housing for older people) or occasionally spread across a neighbourhood. Support staffs are usually on hand and there may be shared facilities such as

Useful Information and Contacts

a laundry and communal lounge. Flats or bed-sits are self-contained.

This type of housing is often suitable for people who want to live more independently than in a home but still have some support.

Individual placements/renting

More people with learning disabilities are now renting properties from local authorities, housing associations, or private landlords and receiving "outreach" support - this means that someone will visit regularly and help with various aspects of daily living. There are also a few companies who specialise in renting to people with learning disabilities.

Useful Information and Contacts

The 14-25 Additional Needs Team (ANTS)

As the 14-25 Additional Needs Team we can offer you detailed advice and guidance in relation to education, training and employment as appropriate to your son or daughter. We can also give you a certain amount of information about the other issues discussed in this booklet, but may need to refer you to other agencies to ensure you and your son or daughter receive the information and support required.

If you would like to speak to someone, but don't know who to contact please contact our Additional Needs Pathway Co-ordinators in the first instance. The 14-25 Additional Needs Team are:

Martine Simpson-Thomas – Countywide Team Leader

martine.simpson-thomas@cambridgeshire.gov.uk
07876 068830

South Team

Box No: BH1103 Babbage House, Castle Park,
Cambridge, CB3 0AT

Sian Johnson– Additional Needs Pathway Adviser

sian.johnson@cambridgeshire.gov.uk
07818522283

Angie Vickery – Additional Needs Pathway Co-ordinator

angie.vickery@cambridgeshire.gov.uk
01223 728145

Nick Popplewell– Additional Needs Pathway Adviser

nick.popplewell@cambridgeshire.gov.uk
07469 377540

North Team

Vantage House
Huntingdon
PE29 6SR

Debbie Meadows – Additional Needs Pathway Adviser

debbie.meadows@cambridgeshire.gov.uk
07500 228273

Sean Millar – Additional Needs Pathway Adviser

sean.millar@cambridgeshire.gov.uk
07795 127362

Useful Information and Contacts

If you need detailed information and advice about other subjects please use the agencies listed below.

Adult Services Contact Centre:

Tel: 0345 045 5202

Cambridgeshire Children Services Contact Centre:

Tel: 0345 045 5203

Blue Badge Parking and applications:

Tel: 0345 045 5204

www.gov.uk Information for disabled people and carers. This website provides a single point of online access to services and information-including employment, financial support, rights, education, independent living.

Preparing for Adulthood

The partnership brings together a wide range of expertise and experience of working with young people and families, at a local and national level and across government, to support young people into adulthood with paid employment, good health, independent living and friends, relationships and community inclusion.

<http://www.preparingforadulthood.org.uk>

SEND Information, Advice and Support Service (formerly Parent Partnership Service)

The Parent Partnership Service (PPS) providing Cambridgeshire's SEND Information, Advice and Support Service (SENDIASS) offers information, advice and support to parents and carers who have a child or young person up to age 25, with special educational needs (SEN) or a disability. You can contact them in confidence for impartial advice and support:

Cambridgeshire SENDIASS, Box No. CC1101, Castle Court, Shire Hall, Cambridge. CB3 0AP
Telephone: 01223 699 214.

www.cambridgeshire.gov.uk/pps

Pinpoint Cambridgeshire

Pinpoint Cambridgeshire

Pinpoint is a St Ives-based charity supporting Cambridgeshire parents / carers, especially those with children with additional needs and disabilities. It offers information, support and involvement in shaping local services for families and runs termly meetings and workshops.

They also run groups for parents of children who:

- Are aged 14-25
- Have undiagnosed or diagnosed ADHD/Autism

Telephone: 01480 877333

Email: information@pinpoint-cambs.org.uk

www.pinpoint-cambs.org.uk

Special Needs Community Information Point (SCIP)

Provides information on all aspects of need for families who have a child with a disability or additional needs age 0-19 years. Families who join SCIP can also apply for a SCIP card and will receive regular e-mails about activities and events in the county.

Email: SCIP@cambridgeshire.gov.uk.

Tel: 01480 379827

www.cambridgeshire.gov.uk/scip

Disability Sport in the Cambridgeshire area:

www.cambridge.gov.uk/accessiblesport

Email: sport@cambridge.gov.uk

Tel: 01223 457532

Useful Information and Contacts

Citizens Advice Bureau

www.cambridgecab.org.uk

**Main Bureau - 66 Devonshire Road, Cambridge
CB1 2BL**

Drop-in – no appointment necessary
Monday – Friday - 9.15am – 12.45pm

Ely CAB, 70 Market Street, Ely, CB7 4LS

T: 0344 245 1292 M: 0300 3300 650

Mon-Fri 9.30-3.30

www.ruralcambscab.org.uk

Huntingdonshire CAB, Town Hall, Market Hill,
Huntingdon, Cambs, PE29 3PJ

T: 0344 245 1292 M: 0300 3300 650

Mon-Fri 9.30-3.30

www.ruralcambscab.org.uk

St Neots, CAB

Portacabin Tan Yard Car Park,
St Neots Cambs PE19 1AN

T: 0344 245 1292 M: 0300 3300 650

Mon-Fri 9.30-3.30

www.ruralcambscab.org.uk

Wisbech CAB

9 Church Mews, Wisbech, Cambs, PE13 1HL

T: 0344 2451292 M: 0300 3300 650

Mon-Fri 9.30-3.30

www.ruralcambscab.org.uk

Young Carers Groups

Gives young carers some fun and a break from
their caring responsibilities.

www.cambsyoungcarers.org.uk

Email: care@carerstrustcambridgeshire.org

Crossroads Care Cambridgeshire and Centre 33's Young Carers project

Support young people age 8-19 years who live in
Cambridgeshire who have a family member who
has a disability, long term illness, a mental health
problem or who misuses substances. The project
enables young carers to have a break, to have fun,
be with others in similar situations.

If you live in Huntingdonshire or Fenland
please contact Crossroads Care Cambridgeshire

T: 0845 241 2125

E: info@cambsyoungcarers.org.uk

If you live in Cambridge City, South or East
Cambridgeshire please contact Centre 33

Tel: 01223 307488

Email: youngcarers@centre33.org.uk

Voice Ability – Advocacy Service

VoiceAbility; Advocacy, involvement and
participation services which support and empower
people with learning difficulties, disabilities and
mental health problems to
speak up for themselves.

Mount Pleasant House, Huntingdon Road,
Cambridge. CB3 0RN, 01223 555800

www.voiceability.org

Mind of My Own

Web: www.mindofmyown.org

Helps you say what you want when you want.

Telling people what you want and need can be
difficult. MOMO apps help you organise your
thoughts and make it easier to tell your worker
what you think. Your worker will get a better
insight into what's going on, from your point of
view.

Useful Information and Contacts

Speak Out Council

- Listens to and acts as the voice for people with a learning disability or who are on the autistic spectrum.
- Works across Cambridgeshire (but not Peterborough).
- Works with people between from 14 and upwards.
- Is run by six Speak Out Leaders who are on the autistic spectrum or have a learning disability.

If you would like to join please contact:

Christian Swarbrick, VoiceAbility, Mount Pleasant House, Cambridge, Cambridgeshire, CB3 0RN,

Tel: 01223 555863

Email: Christian.swarbrick@voiceability.org

Pidley Mountain Rescue

The charity provides specialised equipment for disabled children and adults to develop and progress their personal mobility, and improve their home life, while raising awareness of the needs of disabled people in the Huntingdonshire area. Examples of equipment supplied include: wheelchairs; electric scooters; specialised trikes; paediatric buggies, adaptive computer software and hardware; and sensory equipment.

www.pidleymountainrescue.org.uk

Disability Rights UK

Useful **information booklets** about support and funding for education can be found at:

www.disabilityrightsuk.org/studentpublications.htm

National Autistic Society – Cambridgeshire Branch

Provides support to people of all ages with autism and their families

www.nascambridge.org.uk

National Autistic Society Education Rights Service

Information and advice on the educational rights and entitlements of children with autism.

Tel: 0808 800 4102

Welfare Rights Service

Advice about the benefits children with autism may be entitled to receive.

Tel: 0808 800 4104

Parent to Parent Service

Confidential telephone support for parents and carers of children with autism.

Tel: 0808 800 4106

Eddie's

Suite G10 & G11, Blenheim House, Cambridge Innovation Park, Denny End Road, Waterbeach, Cambridge, CB25 9GL

Tel: 01223 883130

Email: info@eddies.org.uk

www.eddies.org.uk

A local charity, supporting children, young people, and adults with learning disabilities in lots of different ways; including St Johns Catering College catering and hospitality course with related work experience, arts related activities, gardening projects and theatre arts workshops.

Useful Information and Contacts

Switch Social

Are you 16-30 years with Additional Needs to be part of an inclusive social group on Tuesday nights from 7-9pm @ Bargroves, Cromwell Road, St Neots PE19 2EY
Mark: 07518 795301/Catherine: 07518 795370

DHIVERSE:

This is for parents/carers and young people with additional needs to provide support for having healthy and appropriate relationships. Please contact the ABC Programme: Liz MacKenzie, Learning Disabilities SRE Lead

M: 07985 447846 Tel: 01223 508805
E: elizabeth@dhiverse.org.uk

Office B, Dales Brewery, Gwydir Street, Cambridge, CB1 2LJ

Fledglings

This is a registered charity providing practical help to families with disabled children. They will search for products and services to meet the individual needs and by supplying items through their mail order service. They offer a personalised helpline, e-news and product search. Contact the team on: Tel: 0845 4581124 or 01799 541807

www.fledglings.org.uk/docs/pdf/brochure_online.pdf

Safe and Well

Advice and information on daily living aids and equipment

<https://www.safeandwell.co.uk/cambridgeshire/>

Tel: 01480 415719

Headway Cambridgeshire

Provides a wide range of activities and social rehabilitation for people with brain injury, some free, some for a small fee and some using your personal budget. We also support families and carers.

Outcome focused and goal-led, we provide encouragement to enable individuals to maximise their potential. You can choose from a range of sessions which support individual goals. This could be building physical fitness and stamina, improving daily living skills, increasing your social network, understanding and managing the effects of your injury or improving your wellbeing.

Support is provided at our two main hubs in Cambridge and Peterborough, but also in your own home and community.

Call us on 01223 576550 to find out more or visit our website at www.headway-cambs.org.uk

Mental Health:

YoungMinds

Offer free, confidential online and telephone support, including information and advice, to any adult worried about the emotional problems, behaviour or mental health of a child or young person up to the age of 25

If you are a concerned parent please call their dedicated helpline Monday to Friday between 9:30am-4pm. Helpline advisers are on 0808 802 5544 (free for mobiles and landlines).

www.youngminds.org.uk/for_parents/parent_helpline

KOOTH

Free, safe and anonymous online support for young people.

www.kooth.co.uk

Useful Information and Contacts

CHUMS

Mental health and emotional well-being service for Children and Young People.

Provides therapeutic support in a variety of ways. Offers programmes of support to build resilience and promote good mental health within the framework of prevention and early intervention support for mental health difficulties.

CPFT (Cambridgeshire and Peterborough NHS Foundation Trust)

CPFT provides mental health services, community services, learning disability services and social care services across Cambridgeshire and Peterborough along with children's community services in Peterborough.

The Trust has launched the Psychological Wellbeing Service (IAPT) to help those who are suffering from stress, anxiety and depression.

People can now self-refer to the service.

Tel: 0300 300 0055. 9am to 5pm, Monday to Friday, excluding Bank Holidays.

www.cpft.nhs.uk

Helplines

Lifeline 0808 808 2121

7pm to 11pm, 365 days a year.

PAPYRUS HOPEline (advice for young people at risk of suicide)

Tel: 0800 068 4141 Monday to Fridays 10am-5pm Weekends — 7pm-10pm, and 2pm-5pm

www.papyrus-uk.org

CHILDLINE 0800 1111

NSPCC 0808 800 5000

Mind info line- offers a well-being service for people who have/have not been diagnosed with mental health: referrals please contact 01223 311 328 or wellbeing@mindincams.org.uk Monday to Friday, 9.00am to 6.00pm. Email: info@mind.org.uk

Other useful links:

www.keep.your.head.com

www.minded.org.uk

Richmond Fellowship:

Provides a range of mental health services in:

Employment

A specialist employment service providing support for people recovering from mental health problems to find paid employment, voluntary work, education and training or to retain their current employment.

Address: Island Hall Cottage; 17 Post St, Godmanchester nr Huntingdon. Cambridgeshire. PE29 2BA

Tel: 01223 301032 (Cambridge)

Tel: 01480 456257 (Hunts & Fens)

ROMSEY MILL

Youth Development Team

Boosting confidence and achievement

We are a team of youth workers who love young people and are passionate about supporting them to overcome challenge, live fulfilling lives and inspire change in the world around them.

Who we support:

We work with young people aged 10-21 years who need extra support to overcome challenges in their lives. This is likely to include young people who:

- Are exposed to difficult home situations.
- Struggle with mental health issues including self-harm, anxiety and depression.
- Have been involved with the criminal justice system.
- Have issues with drugs or alcohol.
- Are engaged in anti-social or risky sexual behaviour.
- Are at risk of exclusion, excluded or disengaged from mainstream education.
- Are at risk of becoming, or are already, NEET (not in employment, education or training).

Useful Information and Contacts

What we do:

Our work can broadly be divided into two categories:

- Commissioned alternative education and early intervention support, including:
 - Pastoral care.
 - Our 'Step-Up' personal and social development course (team work, adventurous activities, enterprise, youth culture, healthy relationships and life skills)
 - Accredited courses, such as Arts Awards, home cooking skills and sports leadership.
 - Maths and English support.
 - Primary school group work and transfer support.
- Community-based, relational youth work including:
 - Open-access youth clubs.
 - Creative arts and music studio sessions.
 - Sports projects.
 - Youth leadership programmes.
 - Adventurous activity residentials.
 - Enrichment trips.

community wellbeing programme helps increase confidence, overcome mental health problems and help people move on to more independent living

Wisbech Office (Monday and Thursday) Address:
15-16 Church Mews, Wisbech, Cambridgeshire.
PE13 1HL. Tel: 01945 469770

March office – Tuesday, Wednesday, Friday
Address; Old School Building, Dartford Road,
March, Cambridgeshire. PE15 8AN
Tel: 01354 654715

For more information about activities, contact Mike Farrington, Youth Development Team Programme Coordinator, on 01223 566392 or richard.beckett@romseymill.org

Castle Supported Housing:

At Castle we're particularly experienced at supporting young people who have had mental health problems and/or are preparing to leave care.

We offer a range of shared flats and houses in Cambridge for young people aged 16 to 25 to live in. This housing is for any person within the age range who is in need and who wants support to gain full independence in the future

Community

Fenland Wellbeing provides a community based service for people in North Cambridgeshire living with mental health problems. Our

College Open Days and Contact Details 2017 / 2018

College	Contact	Open Days/Evenings
Bedford College Cauldwell Street, Bedford, MK42 9AH	T: 01234 291000 F: 01234 342674 E: info@bedford.ac.uk www.bedford.ac.uk	12/6/19 – 5.00 - 7.30
Shuttleworth College (Part of Bedford College) Old Warden Park Biggleswade SG18 9DX	T: 01767 626222 F: 01767 626235 E: enquiries@shuttleworth.ac.uk www.shuttleworth.ac.uk	23/5/19 – 5.00 - 7.30 22/8/19 – 2.00 – 7.00pm
Cambridge Regional College Cambridge Campus Science Park Campus Kings Hedges Rd Cambridge, CB4 2QT	T: 01223 418200 E: enquiry@camre.ac.uk www.camre.ac.uk	13/6/19 – 4.30 - 7.30
Huntingdon Campus (formerly Huntingdon Regional College) California Road Huntingdon, Cambs PE29 1BL	T: 01480 379100 F: 01480 379127 E: huntingdon@camre.ac.uk www.huntingdon.ac.uk	2/5/19 – 4.30 - 7.30 15/6/19 9.30 - 12.30
Peterborough Regional College Park Crescent Peterborough PE1 4DZ	T: 0345 8728722 F: 01733 767986 E: info@peterborough.ac.uk www.peterborough.ac.uk	13/6/19 – 6.00 – 8.00

College Open Days

<p>Peterborough City College Brook Street Peterborough PE1 1TU</p> <p>John Mansfield Centre Dogsthorpe Peterborough PE1 4HC</p>	<p>T: 01733 761361 E: choices@citycollegepeterborough.ac.uk</p> <p>www.citycollegepeterborough.ac.uk</p>	<p>Brooke Street & John Mansfield Centre:</p> <p>4/10/18 – 4.30-6.30pm</p>
<p>College of West Anglia King's Lynn campus: Tennyson Avenue King's Lynn Norfolk PE30 2QW</p>	<p>King's Lynn campus: T: 01553 761144 F: 01553 764902 E: enquiries@col-estanglia.ac.uk www.cwa.ac.uk</p>	<p>Wed 16th October 18:00-20:00 Tues 29th October (A levels only) 18:00-20:00 (18:00 & 18:30 presentations) Sat 16th November 9:30-12:30 Sat 7th March 9:30-12:30</p>
<p>College of West Anglia Sports campus: Alive Lynnsport, King's Lynn, PE30 2NB</p>	<p>Sports campus at Lynnsport T: 01553 815506 E: enquiries@col-westanglia.ac.uk www.cwa.ac.uk</p>	<p>Wed 16th October 18:00-20:00 Sat 16th November 9:30-12:30 Sat 7th March 9:30-12:30</p>
<p>College of West Anglia Wisbech campus: Ramnoth Road Wisbech Cambridgeshire PE13 2JE</p>	<p>Isle campus: T: 01945 582561 E: enquiries@col-estanglia.ac.uk www.cwa.ac.uk</p>	<p>Sat 23rd November 9:30-12:30 Sat 14th March 9:30-12:30</p>
<p>College of West Anglia Cambridge campus: Landbeach Road Milton Cambridgeshire CB24 6DB</p>	<p>Cambridge campus: T: 01223 860701 E: enquiries@col-estanglia.ac.uk www.cwa.ac.uk</p>	<p>Sat 9th November from 09:30 to 12:30 Tuesday 21st April from 17:00 to 19:30</p>

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Young Minds

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