

Last updated on

This is my Activities Passport

My first name (or like to be known as)

Please see guide
on how to convert
an image to PDF
format and insert.

**Click to
insert photo**

If I join in activities this book needs to come with me; it lets people know important things about me including my likes and dislikes.

**Please look at my passport
before we start.**

**Things to do
Places to go
Made simple!**

Things you must know about me

My full name:

My Date of Birth:

My address:

My telephone number:

Emergency telephone number:

In case of emergency extra details, see page 11 (inside back cover)

Contact person:

Relationship: (Mum, Dad, Carer, Support worker)

Address: (if different from above)

My GP: (doctor or practice)



Address and telephone number:



Other services/professionals involved with me:



My support needs and who gives me the most support:



How to communicate with me:



Allergies:



Heart/breathing problems:



Eating and drinking risks: (choking, swallowing)



Other risks to my health and wellbeing:



**Current medication and how I take it:
(e.g. crushed tablet, injection, naso-gastric tube)**



**How to recognise that I am becoming anxious
or unsettled so that any challenging behaviours
can be pre-empted:**

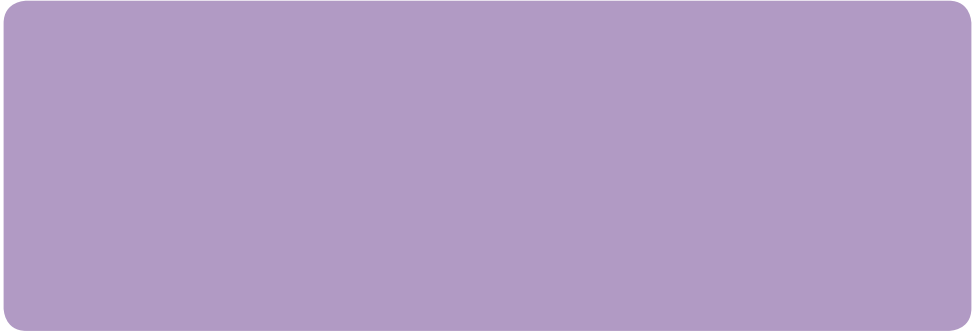


What you can do if I am anxious or unsettled:



Things that are important to me

How you know I am in pain:



My mobility and posture, and the support I require:



How well I see and hear, and any aids I have:



How I eat and drink: (cutting up, consistency, gastrostomy, thickened fluids, small amounts)



How I keep safe: (support with challenging behaviour)



How I use the toilet: (aids, mobility, changing)



Things I like

(watching TV, reading, music, routines, personal space)

Blank yellow area for writing things I like.

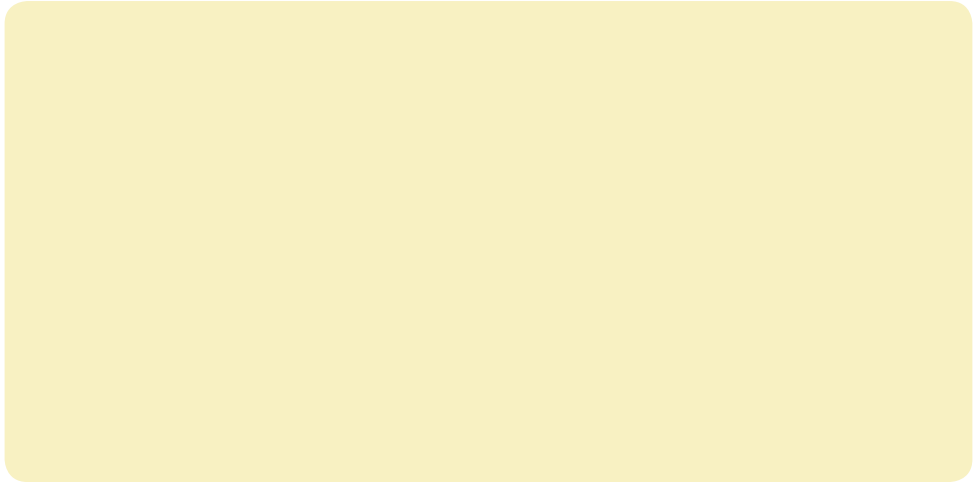
Things I don't like

(shouting, food I don't like, physical touch, loud noise)

Blank yellow area for writing things I don't like.

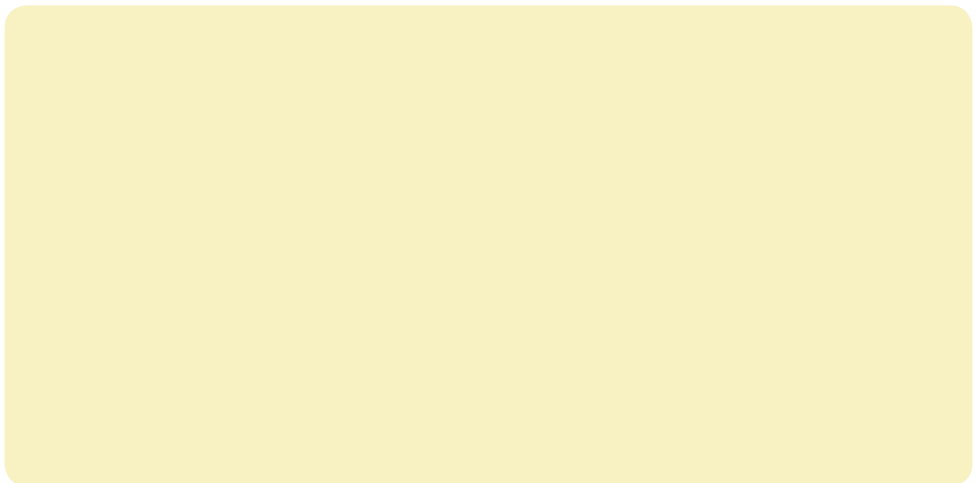
Social

People I should not be in contact with: e.g. due to family breakdown, bullying, over-familiar behaviour



General notes

General information about me, and what I might bring with me: e.g. comfort toys, symbols, prompt cards



In case of emergency, treatment or intervention

Conditions and reactions that First aider/responder, paramedics, hospitals will need to be made aware of:

A large, empty, rounded rectangular box with a light pink background, intended for writing notes about conditions and reactions that first aiders, paramedics, and hospitals need to be aware of.

Protocols e.g Epilepsy, moving/handling, medication:

A large, empty, rounded rectangular box with a light pink background, intended for writing notes about protocols such as Epilepsy, moving/handling, and medication.

Supporting families



Cambridgeshire
County Council

who have children with special educational needs or disabilities



Local Offer

The local offer sets out services and support available for children and young people with Special Educational Needs and/or Disabilities (SEND) from birth to age 25 and their families in Cambridgeshire.

[Information](#) | [Assessment and plans](#) | [Policies](#) | [Service directory](#)



www.cambridgeshire.gov.uk/localoffer



Cambridgeshire
County Council



Things to do Places to go Made simple!

Information in this booklet has been provided by the parent/carer, the parent/carer is responsible for any changes. Please read through the details carefully before printing.

Name of parent/carer

The information provided in this booklet is correct at time of print.



Cambridgeshire
County Council

