Enjoy your local area!

Meet friends

Reduce health risks

Burn calories

Feel better

Discover your local area

In the 13th century the area we now know as Arbury was known as Hardburgh Camp, this later altered to Arborough and then Arbury.

Visit your local community centre to find out more about local events, activities, group, clubs and cafe opening times:

Arbury Community Centre
admin@arburycommunitycentre.org.uk
01223 712038
www.arburycommunitycentre.org.uk

Buchan Street Neighbourhood Centre
bsnc@cambridge.gov.uk
01223 508149
www.cambridge.gov.uk/buchan-street-neighbourhood-centre

Meadows Community Centre
meadows@cambridge.gov.uk
01223 508140
www.cambridge.gov.uk/meadows-community-centre

North Cambridge Children's Centre
northcambridgechildrenscentre@cambridgeshire.gov.uk
01223 728118
www.cambridgeshire.gov.uk/cambschildrencentres

Join a walking group

Walking in a group is a great way to start walking, make new friends and stay motivated. Walking for Health’s Walk Finder lets you search for organised walks near you. Many of the walks are aimed at people who do little or no exercise but who would like to be a little more active.

Walk Local is funded by the Department of Health and delivered by Cambridgeshire County Council in partnership with a number of organisations. Our objectives include reducing physical activity-related health inequalities in Cambridge.

Cambridgeshire County Council
Box No. SH1311, Castle Court Shire Hall, Castle Hill, Cambridge CB3 0AP
Tel: 01223 699906 Email: transport.delivery@cambridgeshire.gov.uk

www.cambridgeshire.gov.uk

Kings Hedges and Arbury

Route 1  Route 2
Discover the carvings hidden in Crowlands Way woodland
Enjoy your greenspace near your local community centre
Visit the sand pit at the play area next to the Pavilion

**Key**
- Café
- Shops
- Toilets
- Park/Play Equipment
- Benches/Seating
- Sporting facilities
- Place of Worship
- Dog bin
- Woodland
- Path

**Route 1**
Approximate walking time 10-15 minutes and distance half a mile

**Route 2**
Approximate walking time 25-40 minutes and distance just over 1 mile